



**PMC TECH**  
**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

Approved by AICTE & Affiliated to Anna University, Chennai  
NAAC B++ Grade Institution, An ISO 9001:2015 Certified Institution

17<sup>th</sup> Km, Hosur-Krishnagiri NH7, Koneripalli,  
Hosur-635 117.

[www.pmctech.org](http://www.pmctech.org)



Criterion	Academic Year	File Code
5	2018-2019	5.1.3 Number of capability enhancement and development schemes – Yoga and Meditation

Sl. No	Academic Year	Title of the program	Date and Duration (From and To)
1	2018-2019	Basic Asanas and Meditation	01.09.2018-04.09.2018
2	2017-2018		28.08.2017 - 31.08.2017
3	2016-2017		01.08.2016-10.08.2016
4	2015-2016		07.09.2015-23.09.2015
5	2014-2015		07.08.2014-23.08.2014

Dept - 05.09.18 F1D0

**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'B++' Grade)

Koneripalli, Hosur - 635 117.

Office of IQAC

**Organization of event - Extracurricular activities**

1. Name of the organizing Dept. : Department of Science and Humanities
2. Name of the event : YES + COURSE for I year B.E/B.Tech
3. Date & Time : 01-09-2018 to 04.09.2018 & 9.00 A.M - 4.30 P.M
4. Purpose / Theme of organization: To make the students Concentrate on studies
5. Any sponsorship received : NA
6. If Yes, Name of the agency : NA  
If No, Amount sponsored : Management
7. Registration Fee per Participant (if any) : NA
8. No of Students Participated Total : 330  
Internal : 330  
External : -
- Enclosed Proof : Yes
9. Name & Address of the Chief Guest : Thiru. Dhamodharan  
Yoga Master- Art of Living ;  
Bangalore.
10. Event outcome : Enhance memory and concentration  
Eliminate doubt and worry
- x. No of prizes awarded : NA
- xi. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed



*S. C. M.*  
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Tamil Nadu, India.

xii. Any other information to be reported : -

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2018-2019) from 01-09-2018 to 04.09.2018. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

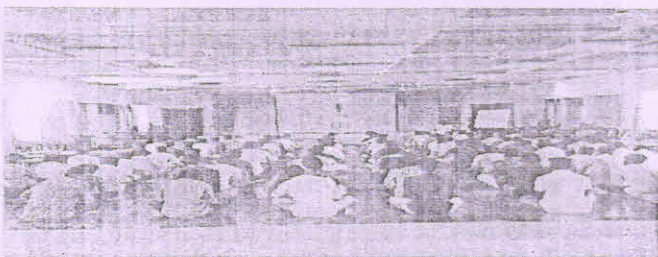
The Program started with a game on Yoga Way of Life. Students participated very actively and guessed most of the answers. Concept was clearly explained through the game.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

Students reported positive results such as feeling active and fresh after doing all the Kriyas in sequence.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

11. Photographs : Enclosed



*S. Chellu*  
**Principal**  
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Tamil Nadu, India.



students in relax position



Warmup Session

*J. nathaniel*  
Event Coordinator

*P. S. Jeyaraj*  
HoD/Dept.

*S. S. Chinn*  
Principal

**IQAC Office**

*[Signature]*

Verified IQAC Coordinator

The Co-ordinator

Internal Quality Assurance Cell

Er. Perumal Manimekalai College of Engineering  
Koneripalli, Hosur - 635117

*S. S. Chinn*

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Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.





PMC TECH



Er. Perumal Manimekalai College of Engineering

Department of Science & Humanities

Art of Living Training Proposal

Submitted To : The Principal

Sub: Art of Living Training Program for the I yr Engineering Students – odd Semester – 2018 -2019 – reg.

We humbly submitted the Proposal of Art of Living Training Program for the I year Engineering Students – odd semester for your kind perusal and approval . We request your good self to direct us to follow the further proceedings.

Date	Department	No. of Students
01.09.2019, 03.09.2019 & 04.09.2019	Sec -A,B,C	49,60,40
	Sec-D,E,F,G	40,42,44,43

This proposal is submitted herewith for your kind perusal and approval.

*S. Manimekalai*  
Yours Faithfully

*S. Manimekalai*  
Approved By



*S. Manimekalai*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

S.No	Name	Branch	1.9.19	3.9.19	4.9.19
1	AMMU M	CS	/	/	/
2	AMMU P	CS	/	/	/
3	ANUSHA K	CS	/	/	/
4	ARAVINDH KUMAR S G	CS	/	/	/
5	ARUNA M	CS	/	/	/
6	ASHWIN KUMAR D	CS	/	A	/
7	BANUMATHI B	CS	/	/	/
8	BHANASHREE P	CS	/	/	/
9	BUBESH J	CS	/	/	/
10	CHAMUNDESWARI B	CS	/	/	/
11	CHANDRU M	CS	a	/	/
12	CHENNAPPAN M	CS	/	/	/
13	DHARMARAJAN C	CS	/	/	A
14	DHIVYA	CS	/	/	/
15	ELAVARASAN S	CS	/	/	/
16	GAYATHRI R	CS	/	/	/
17	GEETHA M	CS	/	/	/
18	GOVINDU SHALINI	CS	/	/	/
19	HARINI DEVI D	CS	/	A	/
20	HEMNATH S	CS	/	/	/
21	JAISANKAR E	CS	/	/	/
22	JAYANTH	CS	/	/	/
23	JUNETH S R	CS	/	/	/
24	MAHABOABI J	CS	A	/	/
25	MAHESHWARI S	CS	/	/	A
26	MOHAMED USMAN M	CS	/	/	/
27	MONISHA N	CS	/	/	/
28	PADMA N	CS	/	/	/
29	PAVITHRA N	CS	/	/	/
30	PRADEESH P N	CS	/	/	/



S. C. S.  
Principal

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Tamil Nadu, India.

I - Year B.E/ B.TECH - SEC A

S.No	Name	Branch	1.9.19	3.9.19	4.9.19
31	PREETHA S	CS	/	/	A
32	PRIYADHARSHINI. M	CS	/	/	/
33	RAMACHANDIRAN G	CS	/	/	/
34	RANJITHKUMAR T	CS	A	/	/
35	RESHMA.P	CS	/	/	/
36	REVATHI D	CS	/	/	/
37	SATHISH A	CS	/	A	/
38	SATHISH KUMAR R	CS	/	/	/
39	SATHYA R	CS	/	/	/
40	SHILPA K	CS	A	/	/
41	SINDHUROJA V Y	CS	/	/	/
42	SONA C K	CS	/	/	/
43	SOUNDARIYABAI D	CS	/	/	A
44	SUSHMITHA L	CS	/	/	/
45	THARISH KUMAR V	CS	/	A	/
46	VAIBHAV N	CS	/	/	/
47	VAISHALI S	CS	/	/	/
48	VALLARASU K	CS	A	/	A
49	VENNILA M	CS	/	/	/

Pre : 44                      45                      44  
 Abs : 5                      4                      5  
 Sign :                                             

*S. S. S.*

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 Tamil Nadu, India.



S.No	Name	Branch	1.9.19	3.9.19	4.9.19	
1	AISHWARYA S	EC	/	/	/	
2	AKILA R	EC	/	A	/	
3	ANURADHA J	EC	/	/	/	
4	ARUNA R	EC	/	/	/	
5	ARUNA S	EC	/	/	/	
6	ASHWINI S	EC	/	/	/	
7	ASWINI.S	EC	/	/	/	
8	DEEPA K	EC	A	/	/	
9	DHANALAKSHMI N	EC	/	/	/	
10	DHIVYAASHIRI R	EC	/	/	/	
11	DIVYA S	EC	/	/	/	
12	DIVYALATHA .K. S	EC	/	/	A	
13	GOMATHI N	EC	/	/	/	
14	GOWTHAMI S	EC	/	/	/	
15	INDUMATHI S	EC	/	/	/	
16	ISWARYA P	EC	/	/	/	
17	KAVITHA R	EC	/	/	/	
18	KEERTHI R	EC	/	/	/	
19	LOKESH N M	EC	/	A	/	
20	MADHUSRI E	EC	/	/	/	
21	MARIA NISHA V	EC	/	/	A	
22	NANDHINI.K	EC	/	/	/	
23	PALLAVI R	EC	A	/	/	
24	PALLAVI S	EC	/	/	/	
25	POOJITHA.S	EC	/	/	/	
26	PREETHI G	EC	A	/	/	
27	PREMA V.	EC	/	A	/	
28	PRIYADHARSHINI C J	EC	/	/	/	
29	PRIYANKA M	EC	/	/	/	
30	RAJESWARI.M	EC	/	/	/	



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I - Year B.E/ B.TECH - SEC B

S. No	Name	Branch	1.9.19	2.9.19	4.9.19	
31	RATHIGA S	EC	/	/	A	
32	REKHA M	EC	/	/	/	
33	SARASWATHI P	EC	/	/	/	
34	SARITHA M	EC	/	/	/	
35	SHEEBA B	EC	A	/	/	
36	SINDHU R	EC	/	/	/	
37	SNEEHA S	EC	/	/	/	
38	SRAVANI M	EC	/	/	/	
39	SRAVANI S	EC	/	/	/	
40	SUJATHA C	EC	/	/	/	
41	SWETHA V	EC	/	A	/	
42	TABITHA V	EC	/	/	/	
43	THENMOZHI S	EC	/	/	/	
44	USHA R	EC	/	/	A	
45	VINOTHINI K	EC	A	/	/	
46	YADHAVALLI MOUNIKA	EC	/	/	/	
47	YOUVASHREE G	EC	/	/	/	
48	YUVASHREE.A	EC	/	/	/	
49	ARCHANA M	EE	/	/	/	
50	GAYATHRI G	EE	/	/	/	
51	KALAISELVI D	EE	/	/	/	
52	KAMALA M	EE	/	/	/	
53	MADESHWARI M	EE	/	/	/	
54	MALA S	EE	/	/	/	
55	MANUSHA M	EE	/	A	/	
56	MEHARTAJ B	EE	/	/	/	
57	MONISHA S	EE	/	/	/	
58	SARANYA M	EE	/	/	/	
59	SWETHA N	EE	/	/	/	
60	TAMIZHARASI P	EE	/	/	/	

Prb 55 55 56  
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S. 

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 Tamil Nadu, India.



S. No	Register Number	Name	1.9.19	3.9.19	4.9.19	
1	610818205001	ABISHEIK M S	/	A	/	
2	610818205002	AJITHKUMAR P	/	/	/	
3	610818205003	AKILA M	/	/	/	
4	610818205004	ARAFATH.F	/	/	/	
5	610818205005	ARUN K.	/	/	/	
6	610818205006	BANUPRIYA S	/	/	/	
7	610818205007	BHOOMIKA D	/	/	/	
8	610818205008	BHUVANESWARAN S	A	/	/	
9	610818205009	DEEPAK K	/	/	/	
10	610818205010	DHANALAKSHMI M	/	A	/	
11	610818205011	ELAKIYA S	/	/	/	
12	610818205012	GANESH S.K	/	/	/	
13	610818205013	GUNA SEKAR M	/	/	A	
14	610818205014	GURUMOORTHY R	/	/	/	
15	610818205015	KARTHIKEYAN M	/	/	/	
16	610818205016	KIRAN KUMAR N	/	/	/	
17	610818205017	MANIMEGALAI G	/	/	/	
18	610818205018	MANSOOR R	A	/	/	
19	610818205019	MUGILAN B	/	A	/	
20	610818205020	MUNUSAMY M	/	/	/	
21	610818205021	MUTHU M	/	/	/	
22	610818205022	NARESH N	/	/	/	
23	610818205023	NISHANTHINI A	/	/	/	
24	610818205024	NISHANTHKUMAR M	/	/	/	
25	610818205025	NOORMOHAMMED K	/	/	A	
26	610818205026	PRAVEEN K	/	/	/	
27	610818205027	RACHANA R	/	/	/	
28	610818205028	RAGUL R	/	/	/	
29	610818205029	RAJALAKSHMI S	/	A	/	
30	610818205030	SAKSHI	/	/	/	



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I - Year B.E/ B.TECH - SEC C

S. No	Register Number	Name			
			1.9.19	3.9.19	4.9.19
31	610818205031	SATHISH KUMAR A	/	/	/
32	610818205032	SATHIYA MURTHY S	/	4	/
33	610818205033	SHERMARAJA M	/	/	/
34	610818205034	SHOBIYA S	/	/	/
35	610818205035	STANLIN M	A	/	/
36	610818205036	SUMA C	/	/	/
37	610818205037	TAMIZHARASAN C	/	/	4
38	610818205038	THEJESHWINI N	/	4	/
39	610818205039	UPENDRA R	/	/	/
40	610818205040	VETRIVEL S	/	/	/

Pres : 37


35

37

Abs : 3

5

3

Sign : 





S. Pillai



**Principal**  
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 Tamil Nadu, India.



S. No	Name	Branch	1.9.19	3.9.19	4.9.19
1	ABISHEIK M S	IT	/	/	/
2	AJITHKUMAR P	IT	/	/	/
3	AKILA M	IT	/	/	/
4	ARAFATH.F	IT	/	/	/
5	ARUN K	IT	/	/	/
6	BANUPRIYA S	IT	/	A	/
7	BHOOMIKA D	IT	/	/	A
8	BHUVANESWARAN S	IT	/	/	/
9	DEEPAK K	IT	/	/	/
10	DHANALAKSHMI M	IT	/	/	/
11	ELAKIYA S	IT	/	/	A
12	GANESH S.K	IT	/	/	/
13	GUNA SEKAR M	IT	A	/	/
14	GURUMOORTHY R	IT	/	/	/
15	KARTHIKEYAN M	IT	/	A	/
16	KIRAN KUMAR N	IT	/	/	/
17	MANIMEGALAI G	IT	/	/	/
18	MANSOOR R	IT	/	/	/
19	MUGILAN B	IT	/	/	/
20	MUNUSAMY M	IT	/	/	/
21	MUTHU M	IT	/	/	/
22	NARESH N	IT	/	/	A
23	NISHANTHINI A	IT	/	/	/
24	NISHANTHKUMAR M	IT	A	/	/
25	NOORMOHAMMED K	IT	/	/	/
26	PRAVEEN K	IT	/	/	/
27	RACHANA R	IT	/	/	/
28	RAGUL R	IT	/	/	/
29	RAJALAKSHMI S	IT	/	/	/
30	SAKTHIVEL M	IT	/	/	A






S-Cell

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Tamil Nadu, India.

I - Year B.E/ B.TECH - SEC D

S.No	Name	Branch	1-9-19	3-9-19	4-9-19	
31	SATHISH KUMAR A	IT	A	/	/	
32	SATHIYA MURTHY S	IT	/	/	/	
33	SHERMARAJA M	IT	/	/	/	
34	SHOBIYA S	IT	/	A	A	
35	STANLIN M	IT	/	/	/	
36	SUMA C	IT	/	/	/	
37	TAMIZHARASAN C	IT	/	/	/	
38	THEJESHWINI N	IT	A	/	/	
39	UPENDRA R	IT	/	/	/	
40	VETRIVEL S	IT	/	A	/	

Pjb : 36      36      35  
 ab : 4        4        5  
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*S. C. S.*



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 Tamil Nadu, India.



S.No	Name	Branch	1-9-19	3-9-19	4-9-19	
1	BHARATH M	AE	/	/	/	
2	BHUMIKA K	AE	/	/	/	
3	DHARANI S	AE	/	A	/	
4	DHARSHAN.M.V	AE	/	/	/	
5	DIVYASHREE N	AE	/	/	/	
6	ELLESHKUMAR G	AE	/	/	/	
7	HARISH KUMAR M	AE	/	/	A	
8	JAY GANESH P	AE	/	/	/	
9	KAMATCHI S	AE	/	/	/	
10	KAVIYA VAIRAMUTHU K	AE	/	/	/	
11	KUMAR A	AE	/	/	/	
12	MAHALAKSHMI N	AE	/	/	/	
13	MAHESWARI R	AE	/	/	/	
14	MANSOOR .B	AE	/	/	/	
15	MYTHILI P	AE	/	/	A	
16	NAGALAKSHMI	AE	/	/	/	
17	PAVITHRA M	AE	/	/	/	
18	PUSHPA M	AE	A	/	/	
19	RAKESHWARAN S	AE	/	/	/	
20	SANDEEP.N	AE	/	A	A	
21	SANJAY KUMAR N	AE	/	/	/	
22	SHALINI K S	AE	/	/	/	
23	SIVARAMAN N	AE	A	/	A	
24	SUBASH S	AE	/	/	/	
25	VANDHANA R	AE	/	/	/	
26	VENUPA O	AE	/	/	/	
27	VINODHKUMAR Y	AE	/	/	/	
28	VISWAK	AE	/	/	/	
29	ABISHEK L	AE	/	/	/	
30	ARUN KUMAR.M	CE	/	A	/	




  
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 Tamil Nadu, India.

I - Year B.E/ B.TECH - SEC E

S.No	Name	Branch	1.9.19	3.9.19	4.9.19	
31	BALAJI S	CE	/	/	/	
32	CHANDRU V	CE	/	/	/	
33	DEEPAK KUMAR P	CE	/	/	A	
34	GOWTHAM G	CE	A	/	/	
35	KASI VISWANATH.S.A	CE	/	A	/	
36	MATHIYALAGAN S	CE	/	/	/	
37	SAI GANESH A	CE	/	/	/	
38	SANJEEV R	CE	/	/	/	
39	SETHUPATHI M	CE	/	/	/	
40	SHENAKA R	CE	A	/	/	
41	VANITHA V	CE	/	/	A	
42	VIGNESH M	CE	/	A	/	

Purb : 38                      37                      36  
 Ab : 4                              5                              6  
 sign : @                              &                              DA



  
**Principal**  
 Perumal Manimekalai College of Engineering  
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 Tamil Nadu, India.



S.No	Name	Branch	1-9-18	3-9-18	4-9-18	
1	ADHISHESHAN L	ME	/	/	/	
2	AJITHKUMAR N	ME	/	/	/	
3	AJITHKUMAR S	ME	/	A	/	
4	AKILEYSHKUMAR K.S	ME	/	/	/	
5	ANBU R	ME	/	/	A	
6	ARUN IYYAPPAN B	ME	/	/	/	
7	ASHOK KUMAR K	ME	A	/	/	
8	BALAJI G.R.	ME	/	/	/	
9	BALAJI R	ME	/	/	/	
10	BHARATHKUMAR R	ME	/	/	/	
11	CHANDRU M	ME	/	A	/	
12	CHETHAN M	ME	/	/	/	
13	CHINNASAMY A	ME	/	/	/	
14	CHINRAJ E	ME	/	/	A	
15	DHANA SEKAR R	ME	/	/	/	
16	DILIP KUMAR S	ME	/	/	/	
17	DINESH C	ME	/	/	/	
18	DINESHKUMAR B S	ME	/	A	/	
19	DINESH KUMAR.V	ME	/	/	/	
20	ELAVARASAN R	ME	/	/	/	
21	JAISURYA S	ME	A	/	/	
22	JIUT PRAJAPATI	ME	/	/	/	
23	KARTHIK M	ME	/	/	A	
24	LIKITH.N	ME	/	/	/	
25	LOKESH M	ME	/	/	/	
26	LOKESHKUMAR A	ME	/	/	/	
27	MADHANRAJ B	ME	A	/	/	
28	MANJUNATH M	ME	/	/	/	
29	MANOJ B	ME	/	/	/	
30	MANOJ KUMAR M	ME	/	/	/	



*S. S. S.*

**Principal**

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Tamil Nadu, India.



I - Year B.E/ B.TECH - SEC F

S. No	Name	Branch	1.9.19	3.9.19	4.9.19
31	MATHIYAZHAGAN G	ME	/	/	/
32	MOHAN M	ME	/	/	/
33	MOHAN KUMAR K	ME	Δ	/	/
34	MUNIRAJ C	ME	/	/	A
35	MURALIKUMAR A	ME	/	Δ	/
36	MURALI MOHAN	ME	/	/	/
37	MURTHY N	ME	/	/	/
38	MYTHISH BABU S	ME	/	/	/
39	NAGAPPA S	ME	/	/	/
40	NAVEENKUMAR N	ME	/	Δ	/
41	NAVEEN KUMAR M	ME	/	/	/
42	PALANIVEL C	ME	/	/	A
43	PAVAN KALYAN M	ME	A	/	/
44	PRABHAKARAN P	ME	/	A	/

psb: 39 38 39

ab : 5 6 5

Sign: Q Q H

S. S. S.



Principal  
 Er. Perumal Mahimkatal College of Engineering  
 Konepalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



S.No	Name	Branch	1-9-19	3-9-19	4-9-19	
1	BOOPALAN R	MC	/	A	/	
2	DILIP KUMAR B	MC	/	/	/	
3	DINESH KUMAR D	MC	/	/	/	
4	GIRIDHARAN J	MC	/	/	/	
5	GOWTHAM K	MC	/	/	/	
6	HARISH C	MC	/	/	/	
7	JIJENDIRAN M	MC	A	/	A	
8	KALIMUTHU A	MC	/	/	/	
9	KIRAN B	MC	/	/	/	
10	LOKESH N	MC	/	/	/	
11	MEIMURUGAN P	MC	/	A	/	
12	MOHAN RAJ C M	MC	/	/	/	
13	MURALIDHARAN K	MC	/	/	/	
14	NANDHU V.S	MC	/	/	/	
15	PRADEEP V	MC	A	/	/	
16	RANJITH KUMAR K	MC	/	/	/	
17	SEENIVASAN V	MC	/	/	/	
18	TAMIZHARASAN S	MC	/	/	/	
19	VENGATRAMAN R	MC	/	A	A	
20	VIJAYARAJ G	MC	/	/	F	
21	PRAKASH N	ME	/	/	/	
22	PRASANTH P	ME	/	/	A	
23	PRASHANTH R	ME	A	/	/	
24	PRAVEEN M	ME	/	/	/	
25	RAJA S	ME	/	/	/	
26	RAKESH M	ME	/	A	/	
27	RANJITHKUMAR S	ME	/	/	/	
28	RITESH M.	ME	/	/	/	
29	SAKTHI R	ME	A	/	/	
30	SAKTHIVEL T	ME	/	A	A	






*S. Ch*

**Principal**

Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

I - Year B.E/ B.TECH - SEC G

S. No	Name	Branch	1.9.19	3.9.19	4.9.19	
31	SANJAY M	ME	/	/	/	
32	SANTHOSHKUMAR R	ME	Δ	/	/	
33	SATYA NARAYANA S R	ME	/	/	/	
34	SHANKAR S	ME	/	/	/	
35	SHANMUGA SUNDARA	ME	/	/	Δ	
36	SUDHARSAN K	ME	/	/	/	
37	SURESH D	ME	/	/	/	
38	SYED ARBAN R	ME	/	/	/	
39	THIMMA RAJ R	ME	Δ	/	/	
40	VENKATESAN K	ME	/	/	/	
41	VIGNESH S	ME	/	/	/	
42	VIJAYAKUMAR B	ME	/	/	/	
43	VIKRAM K P M	ME	/	Δ	/	

Prs 37 37 38  
 ab 6 6 5  
 Sign   

*S. S. S.*



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 Er. Perumal Menonkalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.





PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



DEPARTMENT OF SCIENCE AND HUMANITIES

Report on YES + Course 01.09.2018-04.09.2018

05.09.2018  
HOSUR

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2018-2019) from 01-09-2018 to 04.09.2018. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The Program started with a game on Yoga Way of Life. Students participated very actively and guessed most of the answers. Concept was clearly explained through the game.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

Students reported positive results such as feeling active and fresh after doing all the Kriyas in sequence.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.



*S. C. S.*  
**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

*J. Narasimha*  
Faculty Incharge



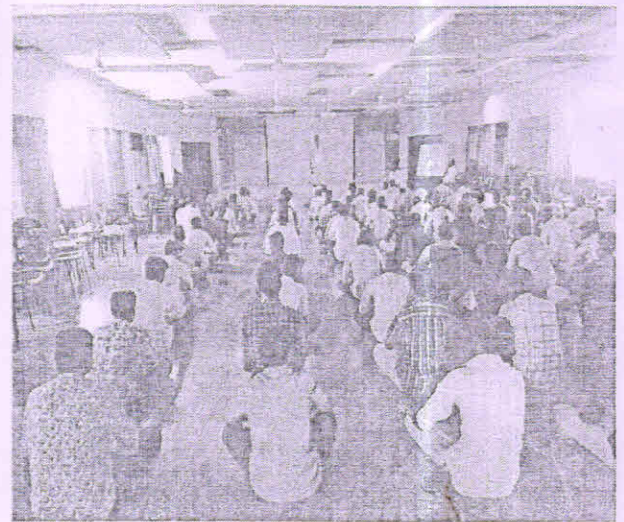
**PMC TECH**  
**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**



**DEPARTMENT OF SCIENCE AND HUMANITIES**

Report on YES + Course 01.09.2018-04.09.2018

05.09.2018  
 HOSUR



Students listening meditation rules



students in relax position



Warmup Session



*S. C. S.*

**Principal**

Er. Perumal Manimekalai College of Engineering  
 Konespalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.

Dept - 31.08.17 F1D

**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'B++' Grade)

Koneripalli, Hosur - 635 117.

Office of IQAC

**Organization of event - Extracurricular activities**

1. Name of the organizing Dept. : Department of Science and Humanities
2. Name of the event : YES + COURSE for I year B.E/B.Tech
3. Date & Time : 28-08-2017 to 31.08.2017 & 9.00 A.M - 4.30 P.M
4. Purpose / Theme of organization: To make the students Concentrate on studies
5. Any sponsorship received : NA
6. If Yes, Name of the agency : NA
- If No, Amount sponsored : Management
7. Registration Fee per Participant (if any) : NA
8. No of Students Participated Total : 410  
Internal : 410  
External : -
- Enclosed Proof : Yes
9. Name & Address of the Chief Guest : Thiru. Dhamodharan  
Yoga Master- Art of Living ,  
Bangalore.
10. Event outcome : Enhance memory and concentration  
Eliminate doubt and worry
- x. No of prizes awarded : NA
- xi. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed



*S. C.*  
**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

- xi. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed
- xii. Any other information to be reported : -

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2017-2018) from 28-08-2017 to 31.08.2017. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The Program started with a game on Yoga Way of Life. Students participated very actively and guessed most of the answers. Concept was clearly explained through the game.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

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Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

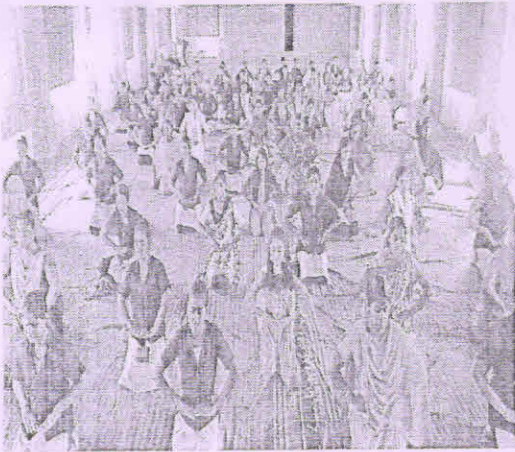
11. Photographs : Enclosed



*S. cil*  
**Principal**  
Er. Perumal Manimekal College of Engineering  
Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
Tamil Nadu, India.



Students listening meditation Rules



Students performing asanas

*[Handwritten Signature]*  
Event Coordinator

*[Handwritten Signature]*  
HoD/Dept.

*[Handwritten Signature]*  
Principal

**IQAC Office**

*[Handwritten Signature]*  
Verified IQAC Coordinator

The Co-ordinator  
Internal Quality Assurance Cell  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, Hosur - 635 117



*[Handwritten Signature]*

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.





PMC TECH



**Er. Perumal Manimekalai College of Engineering**

Department of Science & Humanities

Art of Living Training Proposal

Submitted To : The Principal

**Sub: Art of Living Training Program for the I yr Engineering Students – odd Semester – 2017-2018 – reg.**

We humbly submitted the Proposal of Art of Living Training Program for the I year Engineering Students – odd semester for your kind perusal and approval . We request your good self to direct us to follow the further proceedings.

Date	Department	No. of Students
28-08-2017 to 31.08.2017	Sec –A,B,C	58,60 ,63
	Sec –D,E & F	60,43 ,43
	Sec – G & H	43 , 43

This proposal is submitted herewith for your kind perusal and approval.

*P. Nataraj*  
Yours Faithfully

*S. Chellam*  
Approved By



**Principal**  
Er. Perumal Manimekalai College of Engineering  
+Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH



ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR

FIRST YEAR BE/B.TECH - 2017-2018

ART OF LIVING - ATTANDANCE

CLASS: SEC -A

SL.NO	STUDENT NAME	DEPT	28-8-17	29-8-17	30-8-17	31-8-17
1	SARATHKUMAR.V	ECE(GQ)	/	/	/	/
2	AKILA.M	IT(GQ)	/	/	/	/
3	ANANDHI.K	ECE(GQ)	A	/	/	/
4	ARUNACHALAM.C	CSE(GQ)	/	A	/	/
5	ASHWINI.C	ECE(GQ)	/	/	/	/
6	AYISHA I	ECE(GQ)	/	/	/	/
7	BABYPRASANNA.B	ECE(GQ)	/	/	/	A
8	BALAJI.D	ECE(GQ)	/	/	/	/
9	BHARATHI.S	EEE SUPP	/	/	/	/
10	BHUVANESWARI.C	IT SUPP	/	/	A	/
11	DEEKTHITHA.S	EEE(GQ)	/	/	/	/
12	DHILEEP.V	ECE(GQ)	/	/	/	/
13	DHINAKARAN.M	IT MQ	/	/	A	/
14	DURGA.K	IT(GQ)	A	/	/	/
15	GEETHA.B	CSE(GQ)	/	/	/	/
16	GUNASEKARAN.M	CSE(GQ)	/	/	/	A
17	HEMASRI G	CSE(GQ)	/	/	/	/
18	JAYABHARATHI.G	IT(GQ)	/	/	/	/
19	KANMANI.S	ECE.MQ	/	/	/	/
20	KAVYA.N	CSE(GQ)	/	A	/	/
21	KEERTHANA S	CSE(GQ)	/	/	/	/
22	KESAVAN.N	EEE(GQ)	/	/	A	/
23	KIRUTHIKA.M	ECE(GQ)	/	/	/	/
24	KOMALAVALLI.V	ECE(GQ)	/	/	/	/
25	MAHALAKSHMI.S	CSE(GQ)	/	/	/	/
26	MAHENDRIKA.Y	ECE(GQ)	/	/	/	/
27	MALLIKARJUN C	IT(GQ)	A	/	/	/
28	MANU JAYANTH	CSE(GQ)	/	/	/	/
29	MONIKA.V	ECE(GQ)	/	/	/	/



*S. Ch*  
**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

28/8/17 29/8/17 30/8/17 31/8/17

30	NANDHITHA.S	CSE(GQ)	12	1	1	1
31	PAGALAVAN V	EEE MQ	1	1	1	1
32	PRIYA.M	CSE(GQ)	1	1	1	1
33	PUNITHAVALLI	ECE(GQ)	1	1	1	1
34	RAJAGOPAL.V	ECE SUPP	A	1	1	1
35	RAMYA LAKSHMI.K.S	ECE(GQ)	1	1	1	1
36	RAMYA.S	CSE(GQ)	1	1	1	1
37	ROJA.S	CSE(GQ)	1	1	1	1
38	ROOPASRI.S	ECE(GQ)	1	1	1	1
39	S.PRASANTH KUMAR	ECE(GQ)	1	1	A	1
40	SADAN KUMAR A	ECE(GQ)	1	1	1	1
41	SAIYADHA.S	IT MQ	1	1	1	A
42	SAKTHIVEL .M	EEE(GQ)	1	1	1	1
43	SANGARI.S	EEE(GQ)	1	1	1	1
44	SANTHOSHINI.S	EEE MQ	A	1	1	1
45	SANTHOSH.P	ECE(GQ)	1	1	1	1
46	SESHURAJ.R	ECE(GQ)	1	1	1	1
47	SHANMUGAM.M	EEE(GQ)	1	A	1	1
48	SHIVA SHANKAR D	CSE(GQ)	1	1	1	1
49	SIVAKUMAR.M	ECE SUPP	1	1	1	1
50	SUNIL PARIHAR	IT MQ	1	1	1	1
51	SWEETLIN.J	ECE MQ	1	1	1	1
52	THARANI.J.S	ECE(GQ)	1	1	1	1
53	THRIRANJANI .J	ECE(GQ)	1	1	A	1
54	VENKATA LAKSMI.V	CSE(GQ)	1	1	1	1
55	VISHNUTEJA M	IT(GQ)	1	1	1	1
56	VIVEK T	ECE(GQ)	1	1	1	1
57	YASASWINI.P	CSE(GQ)	1	1	1	A
58	YUGADHARSHINI.B	EEE MQ	1	1	1	1

Pre: 53 55 53 54  
 ab: 5 3 5 4  
 sig: d d B Sg



*S. Ch*  
**Principal**  
 Er. Perumal Manimekalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



PMC TECH  
ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR  
FIRST YEAR BE/B.TECH ADMISSION 2017-2018



ART OF LIVING - ATTANDANCE

CLASS: SEC - B

SL.NO	STUDENT NAME	DEPT	28/8/17	29/8/17	30/8/17	31/8/17
1	ANITHA R	EEE MQ	/	/	a	/
2	BARATH KUMAR	ECE(GQ)	/	/	/	/
3	BHAVYA SHRI P	CSE(GQ)	/	/	/	/
4	BHUVANESWARI.P	ECE(GQ)	/	/	/	/
5	DEEPA.D	CSE(GQ)	/	/	/	a
6	DHANUSH KUMAR.S	IT SUPP	/	/	/	/
7	DHILIP KUMAR.T	ECE SUPP	/	/	/	/
8	DINESH KUMAR.S	ECE(GQ)	a	/	/	/
9	DINESH.B	ECE(GQ)	/	/	/	/
10	DIVYA.M	ECE(GQ)	/	/	/	/
11	GANESH.S	EEE(GQ)	/	a	/	/
12	GEETHA.C	CSE(GQ)	/	/	/	/
13	GUNA.S	ECE SUPP	/	/	a	/
14	HARISH G	ECE MQ	/	/	/	/
15	HARISH KUMAR.K	IT(GQ)	/	/	/	/
16	HARSHITHA.R	ECE MQ	/	/	/	/
17	ISWARYA.S	CSE(GQ)	/	/	/	/
18	JAGADHESH KUMAR.V	IT(GQ)	/	/	a	/
19	JAYAKUMAR.M	EEE(GQ)	a	/	/	a
20	KALIMUTHU.P	EEE MQ	/	/	/	/
21	KARTHIKA.M	ECE(GQ)	/	a	/	/
22	KAVYASREE	ECE(GQ)	/	/	/	/
23	KIRTHAN.P	ECE MQ	/	/	/	/
24	KIRUBAKARRAJAN.M	CSEMQ	a	/	/	/
25	KOMALA S	CSE(GQ)	/	/	/	/
26	LOGESHKUMAR.G	EEE MQ	/	/	a	/
27	MADESH.K	CSE(GQ)	/	/	/	/
28	MANJUNATH.M	ECE(GQ)	/	a	/	/
29	MANOJ KUMAR	ECE SUPP	/	/	/	/
30	NAGARAJAN.R	IT(GQ)	a	/	a	/



*S. C. S.*  
Principal  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HO SUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

28/8/17 29/8/17 30/8/17 31/8/17

31	NITHYA.T	CSE(GQ)	/	/	/	/
32	NIVEDHITHA KALEY.R	ECE(GQ)	/	/	a	a
33	NIVETHA.M	EEE(GQ)	/	/	/	/
34	PAVITHRAA.M	EEE(GQ)	/	/	/	/
35	PRASANTH S	ECE(GQ)	/	/	/	/
36	PRIYANKA.M	CSE(GQ)	A	/	/	/
37	RAHSHITHA.R	ECE(GQ)	/	/	/	/
38	RAJADURAI.Y	CSE(GQ)	/	/	/	/
39	RAMYA.L.S	IT(GQ)	/	/	/	/
40	RANJITHA.R	IT MQ	/	/	/	/
41	RANJITHKUMAR	IT MQ	/	/	/	/
42	REVATHI.E	ECE(GQ)	A	/	/	/
43	ROJA.C	EEE(GQ)	/	/	/	/
44	SAKTHI.V	EEE(GQ)	/	/	/	a
45	SANTHOSH M	ECE(GQ)	/	a	/	1a
46	SATHYA K	IT(GQ)	/	/	/	/
47	SEETHABYRAPPA.S	ECE(GQ)	/	/	/	/
48	SINDUMATHI.V	ECE(GQ)	/	/	/	/
49	SIVARAMAN.R	ECE(GQ)	/	/	/	/
50	SUBASH.C	ECE(GQ)	/	/	/	/
51	SUGUNA.S	IT MQ	/	/	/	/
52	SURYA.V	IT SUPP	/	/	/	/
53	THARANI.A	IT MQ	a	/	/	/
54	UMA SRI.P	CSE(GQ)	/	/	/	/
55	USHA M	ECE MQ	/	/	/	/
56	USHA.C	IT(GQ)	/	/	/	/
57	VENUGOPAL.T	IT(GQ)	/	A	a	/
58	VIGNESH.G	ECE(GQ)	/	/	/	/
59	YAMUNA.B	ECE(GQ)	/	/	/	/
60	YASHVANTH KUMAR.S	IT(GQ)	/	/	/	/

Pre: 53 55 55 56

ab: 7 5 5 4

Sign: [Signatures]



*S. C. S.*  
Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH

ER.PERUMAL MANIMEKALAI-COLLEGE OF ENGINEERING,HOSUR  
FIRST YEAR BE/B.TECH 2017-2018

ART OF LIVING -ATTANDANCE

CLASS:SEC -C

SL.NO	STUDENT NAME	DEPT	28/8/17	29/8/17	30/8/17	31/8/17	
1	ABINAYA.R	ECE(MQ)	/	a	/	/	
2	AFSAL .N	EEE(GQ)	/	/	/	/	
3	ARUNA S P	IT(GQ)	/	/	/	/	
4	ARUNBALAJI.S	ECE(GQ)	/	/	a	/	
5	ARUNKUMAR T.R	EEE(GQ)	/	/	/	/	
6	ASHOK.G	EEE(GQ)	/	/	/	a	
7	ASHWINLM	ECE(GQ)	/	/	/	/	
8	BANU PRIYA T	IT MQ	a	/	/	/	
9	CIRPY.A	ECE(GQ)	/	/	a	/	
10	DEEPTHI.S	ECE MQ	/	/	/	/	
11	DIRONBALACHANDRAN G	EEE MQ	/	/	/	/	
12	ESAI KUMAR D	IT(GQ)	/	a	/	/	
13	FAHADKHAN.M	ECE(GQ)	/	/	/	/	
14	G.MAHIMA	CSE(GQ)	/	/	/	/	
15	GOPLM(v0c)	ECE(GQV0C)	/	/	/	/	
16	HAMSA.D	ECE SUPP	/	/	/	/	
17	HARIDASS	ECE SUPP	a	/	/	/	
18	HARITHA.P	ECE(GQ)	/	/	/	a	
19	HEMANTH KUMAR.S	EEE(GQ)	/	/	/	/	
20	ILAKKIYA BHARATHI S	ECE(GQ)	/	/	/	/	
21	JAGADESHWARI.S	CSE(GQ)	/	/	a	/	
22	JEMIMA SHERLEY .X	IT MQ	/	/	/	/	
23	JENIFER.J	CSE(GQ)	/	a	/	/	
24	JEVAHARI.G.D.C	IT(GQ)	/	/	/	/	
25	KARTHIKA.T	CSE(GQ)	/	/	/	/	
26	KEERTHIKUMAR.P.V	CSEMQ	/	/	a	a	
27	LAVANYA	ECE SUPP	a	/	/	/	
28	MANI .R	IT SUPP	/	/	/	/	
29	MANIKANDAN.V	IT MQ	/	/	/	/	
30	MOHAMMED SUHAIL	EEE(GQ)	/	/	/	/	



s - ch

Principal

Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 685 117, Krishnagiri Dist.  
Tamil Nadu, India.

23/8/17 29/8/17 30/8/17 31/8/17

31	MONIKA.S	CSE (MQ)	1	1	1	1
32	MONISH KUMAR.M	EEE(GQ)	1	1	1	1
33	NANDHA K.J	CSE(GQ)	1	1	1	1
34	NANDHAKUMAR.B	CSE(GQ)	1	1	1	1
35	NIDESHA S	IT(GQB)	1	1	1	1
36	PARTHISHA.A	ECE(GQ)	1	1	1	1
37	PAVITHRA.R	CSEMQ	1	1	1	1
38	PAVITHRA.S	ECE(GQ)	1	1	1	1
39	PAVITHRA.V	ECE(GQ)	1	1	1	1
40	PRAVEEN KUMAR.D	CSE(GQ)	1	1	1	1
41	PRAVEEN.G	ECE(MQ)	1	1	1	1
42	PRIYANKA.N	ECE MQ	1	1	1	1
43	RAMYASREE.M	IT(GQ)	1	1	1	1
44	RENUKADEVI.K	ECE MQ	1	1	1	1
45	SAILESH KUMAR.T	ECE(GQ)	1	1	1	1
46	SANDHYA.S.M	CSEMQ	1	1	1	1
47	SANTHOSH KUMAR.S	IT MQ	1	1	1	1
48	SARANYA.N	CSE(GQ)	1	1	1	1
49	SATHISH KUMAR.B	CSE(GQ)	1	1	1	1
50	SATHISH.V	CSE(GQ)	1	1	1	1
51	SATHYA.N	ECE MQ	1	1	1	1
52	SHIVA SHANKAR R	IT(GQ)	1	1	1	1
53	SILAMBARASAN R	IT MQ	1	1	1	1
54	SIVADARSHAN S K	CSE(GQ)	1	1	1	1
55	SNEHA.G	ECE(GQ)	1	1	1	1
56	SRIKANTH.M	EEE(GQ)	1	1	1	1
57	THILAK.U	ECE SUPP	1	1	1	1
58	THIRMALESH.V	CSE(GQ)	1	1	1	1
59	THIRUMALES.H.M	EEE(GQ)	1	1	1	1
60	THIRUPATHIA	ECE(GQ)	1	1	1	1
61	VIGNESH A	CSE(GQ)	1	1	1	1
62	VIJAY R	EEE MQ	1	1	1	1
63	VINAY KUMAR.M	IT V0C	1	1	1	1



Pre: 58 59 56 57

ab: 5 4 7 6

Sign: [Handwritten signatures]

S. [Handwritten signature]

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India



PMCTECH  
ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR  
FIRST YEAR BE/B.TECH ADMISSION 2017-2018  
ART OF LIVING - ATTANDANCE



CLASS:SEC -D

SL.NO	STUDENT NAME	DEPT	28/8/17	29/8/17	30/8/17	31/8/17	
1	ABINAYA.R	ECE MQ	/	a	/	/	
2	AKSHITHA.N	ECE(GQ)	/	/	/	/	
3	ALAGUMEENAL A N	ECE MQ	/	/	/	a	
4	AMRISHA.S.R	ECE(GQ)	a	/	/	/	
5	AMRUTHA.B.N	CSE(GQ)	/	/	/	/	
6	ANAND.K	EEE(GQ)	/	/	/	/	
7	ANUSHA.R	ECE(GQ)	/	/	a	/	
8	ARCHANA.M	ECE MQ	/	/	/	/	
9	ASHWINI.E	EEE(GQ)	/	/	/	/	
10	AVINASH.S	ECE(GQ)	/	/	/	/	
11	BALAJI.D.S	ECE SUPP	/	/	/	/	
12	DEEPIKA.C	IT(GQ)	a	/	/	/	
13	DHESIGAN.M	EEE(GQ)	/	/	/	/	
14	DHILEEP.K	EEE MQ	/	/	/	/	
15	DIVYA BHARATHI.M	ECE(GQ)	/	a	a	/	
16	DIVYA M	EEE(GQ)	/	/	/	/	
17	ESWAR RAJ.C	IT MQ	/	/	/	/	
18	JEEVAN.N	ECE(GQ)	/	/	/	/	
19	JOTHI K	ECE(GQ)	/	/	a	/	
20	KOMALA.S	CSE(GQ)	/	/	/	/	
21	KARTHIKEYAN.M	IT SUPP	a	/	/	/	
22	KAVIYA.S	ECE(GQ)	/	/	/	a	
23	KIRAN .V	IT(GQ)	/	a	/	/	
24	KRISHNAMOORTHY	IT(GQ)	/	/	/	/	
25	LOKESH.M	EEE(GQ)	/	/	/	a	
26	MAHALAKSMI.M	CSEMQ	a	/	/	/	
27	MANIVANAN.M CS	ECE(GQ)	/	/	/	/	
28	MANJULA.G	ECE(GQ)	/	/	/	a	
29	MANJUNATH M	ECE MQ	/	a	/	/	
30	MANJUNATH.C	CSE(GQ)	/	/	/	/	



*S. Ch*  
Principal  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



28/8/17 29/8/17 30/8/17 31/8/17

31	MOHAMMED	ECE SUPP	/	/	/	/	
32	MONISHA.S	CSE(GQ)	/	/	/	/	
33	MUBARK BASHA D	ECE MQ	/	/	/	/	
34	MURALI.M	ECE(GQ)	a	/	/	/	
35	MURALI.V	EEE(GQ)	/	a	/	/	
36	NANDHA KUMAR R	IT(GQ)	/	/	/	/	
37	NAVEEN .N	ECE MQ	/	/	/	/	
38	NAVEEN KUMAR B	IT SUPP	/	/	/	/	
39	NAVEEN KUMAR.C	ECE(GQ)	/	/	a	/	
40	NITHYA.N	CSE(GQ)	/	/	/	a	
41	PRAVEEN.R	EEE(GQ)	/	/	/	/	
42	PRAVEEN.S	EEE(GQ)	/	/	/	/	
43	RAHILATHASLIM.M	EEE(GQ)	/	/	/	/	
44	RAMU.M(VOC)	CSE(GQ)	/	/	/	/	
45	SAKTHIKUMAR.M	CSE(GQ)	/	/	/	/	
46	SAKTHIVEL T	IT(GQ)	/	/	/	/	
47	SARAVANAN.V	EEE(GQ)	/	a	/	/	
48	SASI.S	EEE(GQ)	/	/	/	/	
49	SEENIVASAN.R	ECE MQ	/	/	/	/	
50	SHIYAMALA.S	ECE(GQ)	/	/	/	/	
51	SHRUTHI.S	IT(GQ)	/	/	/	a	
52	SIVANANDHA.R	IT SUPP	/	/	/	/	
53	SIVARANGAN.K(VOC)	EEE MQ	/	/	/	/	
54	SUNDAR.M	EEE(GQ)	/	/	a	/	
55	TEJAVATHI.S	ECE MQ	/	/	/	/	
56	VENKATADRI.N	EEE(GQ)	/	/	/	/	
57	VISITHRA.V	IT MQ	a	/	/	/	
58	YOGISH MURTHY.S	ECE(GQ)	/	/	/	/	
59	YUAN SHANKAR	EEE MQ	/	/	/	/	
60	YUVARAJ.K	CSE(GQ)	/	a	/	/	
		Prb:	54	53	55	54	
		ab	6	7	5	6	
		Sign	h	b	l	h	



S. C. M.

**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH  
ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR  
FIRST YEAR BE/B.TECH 2017-2018  
ART OF LIVING -ATTANDANCE



CLASS:SEC -E

SL.NO	STUDENT NAME	DEPT	28/8/19	29/8/19	30/8/19	31/8/19	
1	AJAY SURYA	MCO	/	a	/	/	
2	AJITH .R	AERO	/	/	/	/	
3	ARCHANA A	AERO	/	/	/	/	
4	BASKAR.R	MECH	/	a	/	/	
5	BHARATH.B	MCO	/	/	a	/	
6	BLESSY EVAGGELIN	AERO	/	/	/	a	
7	CHIDHAMBARAM.R	MECH	a	/	/	/	
8	GANGADHARAN.V	CIVIL	/	/	/	/	
9	GOWTHAMI.R	CIVIL	/	/	/	/	
10	JAGADESH.M	MECH	/	/	a	/	
11	JANU.V	AERO	/	/	/	/	
12	KALAISELVAN.S	MECH	/	a	/	/	
13	KARTHICK.B	MECH	/	/	/	/	
14	KARUNYA.G	CIVIL	a	/	/	/	
15	LOKESH.M	MECH	/	/	/	/	
16	MAHALAKSHMI.P	CIVIL	/	/	a	/	
17	MANI .R	AERO	/	/	/	/	
18	MANOJ KUMAR N	MCO	/	/	/	/	
19	MUBEEN.S	MECH	/	/	/	/	
20	N.SMITHA RANI	AERO	a	/	/	a	
21	NARMATHA MENON. P.A	AERO	/	a	/	/	
22	NAVEEN P	MECH	/	/	/	/	
23	PARASAKTHI .P	CIVIL	/	/	a	/	
24	PARVATHANENI ASHOK	AERO	/	/	/	/	
25	RAGAVENDRA.R	AERO	/	/	/	/	
26	RAJESH.S	MECH	/	/	/	/	
27	RAMU.S	MECH	/	/	a	/	
28	RASIKA.R	CIVIL	a	a	/	/	
29	SANDHIYA.G	AERO	/	/	/	/	
30	SANGAVI K	CIVIL	/	/	/	a	



s-cit

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
Tamil Nadu, India.

28/8/17 29/8/17 30/8/17 31/8/17

31	SATHISH KUMAR A	MECH	/	/	/	/	
32	SEENIVASAN M.	MECH	/	/	/	/	
33	SHILPA.R	AERO	/	/	/	/	
34	SUSHMA.G	AERO	/	/	/	/	
35	THAMARI SELVI.M	AERO	a	/	/	a	
36	THENMOZHI V	AERO	/	/	/	/	
37	THIRUMALESH.S	MECH	/	/	/	/	
38	THIRUMOORTHY.V	MECH	/	/	/	/	
39	UMA MAHESHWARI.N	AERO	/	/	a	/	
40	VIGNESH G	MCO	/	/	/	/	
41	VIGNESH.C	CIVIL	/	/	/	/	
42	VIGNESH.V	AERO	/	a	a	/	
43	YOGASHREE.V	CIVIL	a	/	/	/	
		Pre	37	37	36	39	
		ab	6	6	7	4	
		Sign	at	at	at	at	

S. C. S.



**Principal**  
 Er. Perumal Manimekalai College of Engineering  
 Koneripatti, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



PMC TECH

ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR

FIRST YEAR BE/B.TECH 2017-2018



ART OF LIVING - ATTANDANCE

CLASS:SEC -F

SL.NO	STUDENT NAME	DEPT	28/8/19	29/8/19	30/8/19	31/8/19	31/8/19
1	A.MADHAN	MECH	/	a	/	/	/
2	ADHILATCHUDHAN M VOC	MCO	/	/	/	a	/
3	AJITH.S	MECH	/	/	a	/	/
4	AMBRISH.R	MECH	/	/	/	/	/
5	ANIL KUMAR.J	MECH	a	/	/	/	/
6	ARAVIND.M	MECH	/	/	/	/	a
7	BALAJI.V	AERO	/	/	/	/	/
8	BALRAJ.V	AERO	/	/	a	/	/
9	BHUVANESHWARAN	MECH	/	/	/	/	/
10	DHANASEKARA	MCO	/	a	/	/	/
11	HARIHARAN.R	MECH	/	/	/	/	/
12	HARIPRASAD.M	AERO	/	/	/	a	/
13	KARUNYA.G	CIVIL	/	/	/	/	/
14	KISHORE.P	MECH	/	/	/	/	a
15	KISHOREKUMAR.P	AERO	a	/	/	/	/
16	LINGANATHAN	MECH	/	/	/	/	/
17	MAGESH.N	MCO	/	/	/	a	/
18	MOHAMMED YOUSIF	MECH	/	/	/	/	/
19	MUKESH KUMAR	MCO	/	/	/	/	/
20	MUNIRAJ.D	MCO	/	/	/	/	/
21	NAVANEETHAN S.N	MECH	/	/	a	/	/
22	PUGAL.M	MECH	/	/	/	/	/
23	RAGHUL.R	MECH	/	/	/	/	a
24	RAJKUMAR. T (VOC)	MCO	a	/	/	/	/
25	RAVI.M	MECH	/	/	/	/	/
26	SANGAVI K	CIVIL	/	a	/	/	/
27	SANJAI.P	MECH	/	/	/	/	/
28	SANTHOSH.K	MCO	/	/	/	a	/
29	SHILPA.R	AERO	/	/	/	/	a
30	SILAMPARASAN.M	AERO	/	a	/	/	/

*S. S. S.*

Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

28/8/17 29/8/17 30/8/17 31/8/17 31/8/17

31	SRITHARAN.C	CIVIL	/	/	/	/	/
32	SRIVINOTH C	MECH	/	/	/	/	/
33	SUNIL KUMAR R	MECH	/	/	9	/	/
34	SUNIL KUMAR.R	CIVIL	/	/	7	/	/
35	SURYAPRAKASH.P	AERO	/	/	/	/	/
36	SURYAPRAKASH.V	MECH	9	/	/	/	/
37	SUSHMA.G	AERO	/	9	/	/	/
38	UMA MAHESHWARI.N	AERO	/	/	/	/	/
39	VARUN RAJ	MECH	/	/	/	/	/
40	VASANTHA KUMAR.V	CIVIL	/	/	/	/	/
41	VENU.V	CIVIL	/	/	/	/	/
42	VIGNESH KUMAR.V	MECH	/	/	9	/	/
43	VINODH.V	MECH	/	/	/	/	/
		Poe	39	38	38	39	39
		ab	4	5	5	4	4
		sign					

S. C. M.



**Principal**  
 Er. Perumal Manimekalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.





PMCTECH  
ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR  
FIRST YEAR BE/B.TECH 2017-2018



ART OF LIVING - ATTANDANCE

CLASS:SEC - G

SL.NO	STUDENT NAME	DEPT	28/8/17	29/8/17	30/8/17	31/8/17
1	ABILASH.K	AERO	/	/	/	/
2	ADISH MANI.M	MECH	/	/	/	/
3	ANKUR ASHOK BHAI PAL	AERO	/	a	/	/
4	ARUN KUMAR G V	MECH	/	/	/	/
5	ARUN KUMAR.M	AERO	/	/	/	/
6	BALAJI S	MECH	a	/	/	/
7	BALAJI.K	MECH	/	/	/	/
8	BALAJI.M	MCO	/	/	/	/
9	BALU MEHENDIRAN S	MECH	/	/	a	/
10	DIVAGAR.S	AERO	/	/	/	/
11	GANESHAN.M	CIVIL	/	/	/	/
12	GOPLM	MECH	/	/	/	/
13	GOVINDARAJ.S	MECH	/	/	/	/
14	GOWTHAM S	MCO	a	/	/	a
15	JAGAN K	CIVIL	/	a	/	/
16	JANARTHAN.S	MCO	/	/	/	/
17	JOHNSON C	MECH	/	/	/	/
18	KARTHICK J	CIVIL	/	/	/	/
19	LOGANATHAN.D	MECH	/	/	/	/
20	MICHEAL.C	MECH	/	/	/	/
21	MOHAMMED WASEEM	MECH	a	/	/	/
22	PERUMAL. R	MECH	/	/	/	/
23	PRADEEP.T	MECH	/	/	/	/
24	PRADHAP.P	MECH	/	/	/	/
25	PRAVEEN RAJ D	MCO	/	/	/	/
26	RAGAVENDRAN.S	MECH	/	/	/	/
27	RAJKUMAR.M	AERO	/	/	a	/
28	RAKESH V	MECH	a	/	/	/
29	SAKTHIVEL R	MCO	/	/	/	/
30	SANJAY KUMAR.M	CIVIL	/	a	/	/



*S. Ch*  
**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist  
Tamil Nadu, India.

28/8/17 29/8/17 30/8/17 31/8/17

31	SARAN.P	MCO	1	1	9	1
32	SARAVANAN.A	MECH	1	1	1	1
33	SATHISH KUMAR R	MECH	1	1	1	9
34	SHALMAN.N	AERO	1	1	1	9
35	SRIKANTH.S	MCO	9	1	1	1
36	SUBASH.C (VOC)	MECH	1	1	1	1
37	SUBASH.M	MCO	1	1	1	1
38	TAMILMANI S	CIVIL	1	1	1	1
39	TAMILTHENDRAL.S	MCO	1	1	1	1
40	THIRUMALESH.B	MECH	1	1	1	1
41	VISHNU.D	MECH	1	1	1	1
42	VISHWA.T	CIVIL	1	1	9	1
43	YASHKUMAR KOTA	AERO	1	1	1	1
		Pre	38	40	39	40
		ab	5	3	4	3
		Sign	Prof	Prof	Prof	Prof



*S. cil*

**Principal**  
 Er. Perumal Manimekalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



PMC TECH

ER.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING, HOSUR  
FIRST YEAR BE/B.TECH 2017-2018

ART OF LIVING - ATTANDANCE

CLASS: SEC - H

SL.NO	STUDENT NAME	DEPT	23/8/17	27/8/17	30/8/17	31/8/17
1	AJITH KUMAR.M	MECH	/	/	/	9
2	ANANDHARAJ.P	MCO	/	/	/	/
3	BALASUBRAMANI.R	MECH	/	9	/	/
4	BOOPALAN.P	CIVIL	/	i	/	/
5	CHENNIYAN.C	MECH	/	/	/	/
6	CHIRANJEEVI.K	MECH	/	/	/	/
7	GANESH.V	MECH	/	/	/	/
8	HARISH BABU.S	MECH	/	/	/	/
9	JAGADESH.J	MECH	9	/	/	/
10	JANARTHANAN.M	MECH	/	/	/	/
11	JAYANARENDIRA.S	CIVIL	/	/	/	/
12	KABIL.M	MECH	/	/	/	/
13	KOUSHIK GOWDA .G	MECH	/	/	/	/
14	MANIKANDAN V	MECH	/	/	/	9
15	MANOHAR.M	MECH	/	/	9	/
16	MANOJ KUMAR .M	MECH	/	9	/	/
17	MOHAN KUMAR.N	MCO	/	/	/	/
18	MUBARAK BASHHA.S	MECH	/	/	/	/
19	NOOR MOHAMMED	MECH	/	/	/	/
20	NAGARAJ.P	MCO	9	/	/	/
21	NARAYANASAMY.M	MECH	/	/	/	9
22	PARTHIPAN S	MCO	/	/	/	/
23	PASUPATHI.V	MECH	/	/	/	/
24	PRADEEP.G	MECH	/	/	/	/
25	PRADEEP.V.S	MCO	/	/	/	/
26	PRAKASH.M	MCO	/	/	/	/
27	SAGADEVAN	MECH	/	/	/	/
28	SIDDIQ S	MCO	/	/	/	/
29	SIVARAJU.J	MECH	9	/	/	/
30	SRIKANTH.M	MECH	/	/	/	/

s-cil  
PrincipalEr. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist  
Tamil Nadu, India.



28/8/17 29/8/17 30/8/17 31/8/17

31	SUNDRESH.R	MECH	9	1	1	9
32	SURESH R	MECH	1	1	1	1
33	SURYA KANTH .M	AERO	1	1	1	1
34	SURYA.R	MECH	1	1	1	1
35	THIRUKUMAR.V	MECH	1	1	1	1
36	THIRUMALAI.S	MECH	1	1	1	1
37	VENKATESH BABU. H	MECH	1	1	1	1
38	VENKATESH.S	MECH	1	1	1	1
39	VIGNESH PANDI R	MECH	1	9	1	9
40	VIGNESH.C (VOC)	MECH	1	1	1	1
41	VIJAY.A	MECH	9	1	1	1
42	VIJAY.T	MECH	1	1	1	1
43	YUVARAJ.R ME	CIVIL	1	1	1	1
		Pre	38	40	42	38
		ab	5	3	1	5
		Sign	MA	MA	MA	MA

S. C. M.

**Principal**  
 E. Perumal Menimekatal College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.





PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



DEPARTMENT OF SCIENCE AND HUMANITIES

Report on YES + Course 28-08-2017 to 31.08.2017

31.08.2017  
HOSUR

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2017-2018) from 28-08-2017 to 31.08.2017. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The Program started with a game on Yoga Way of Life. Students participated very actively and guessed most of the answers. Concept was clearly explained through the game.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

Students reported positive results such as feeling active and fresh after doing all the Kriyas in sequence.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.



*S. Chell*

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Konenipalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

*J. Narasimhan*  
Faculty Incharge



PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



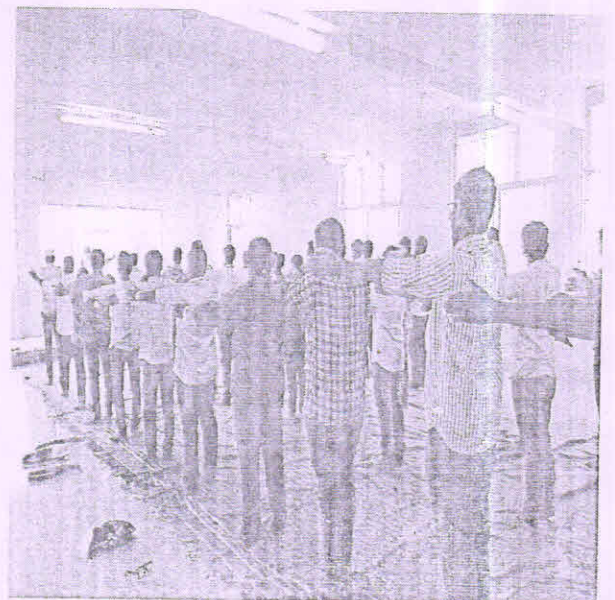
DEPARTMENT OF SCIENCE END HUMANITIES

Report on YES + Course 28-08-2017 to 31.08.2017

31.08.2017  
HOSUR



Students listening meditation Rules



Students performing asanas



*S. C. S.* Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.-  
Tamil Nadu, India.

Dept – 10.08.16 F1D0

**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'B++' Grade)

Koneripalli, Hosur – 635 117.

Office of IQAC

**Organization of event – Extracurricular activities**

1. Name of the organizing Dept. : Department of Science and Humanities
2. Name of the event : YES + COURSE for I year B.E/B.Tech
3. Date & Time : 01.08.16 to 10.08.16 & 9.00 A.M – 4.30 P.M
4. Purpose / Theme of organization: To make the students Concentrate on studies
5. Any sponsorship received : NA
6. If Yes, Name of the agency : NA
- If No, Amount sponsored : Management
7. Registration Fee per Participant (if any) : NA
8. No of Students Participated Total : 350  
Internal : 350  
External : -
- Enclosed Proof : Yes
9. Name & Address of the Chief Guest : Thiru. Dhamodharan  
Yoga Master- Art of Living ,  
Bangalore.
10. Event outcome : Enhance memory and concentration  
Eliminate doubt and worry
- vii. No of prizes awarded : NA
- viii. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed

S - *[Signature]*  
Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



- viii. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed
- ix. Any other information to be reported : -

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2016-2017) from 01.08.16 to 10.08.16. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

Students reported positive results such as feeling active and fresh after doing all the Kriyas in sequence.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

11. Photographs : Enclosed

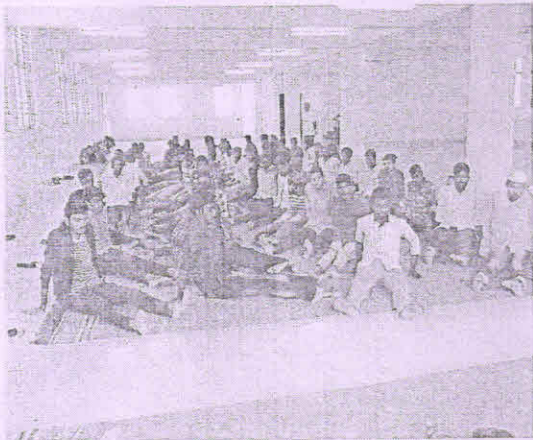
*S. C. I.*

**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
Tamil Nadu, India.





Students performing asanas



Students in relaxing posture

*J. nathin*  
Event Coordinator

*p. deby*  
HoD/Dept.

*s. cil*  
Principal

IQAC Office

*Perumal*  
Verified IQAC Coordinator  
Internal Quality Assurance Cell  
Er. Perumal Manimezalan  
Koneripalli, Hosur - 635117



*s-cil*

Principal  
Er. Perumal Manimezalan College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH



**Er.Perumal Manimekalai College of Engineering**

Department of Science & Humanities

Art of Living Training Proposal

Submitted To : The Principal

**Sub: Art of Living Training Program for the I yr Engineering Students – odd Semester – 2016-2017 – reg.**

We humbly submitted the Proposal of Art of Living Training Program for the I year Engineering Students – odd semester for your kind perusal and approval . We request your good self to direct us to follow the further proceedings.

Date	Department	No. of Students
01.08.16 to 03.08.2016	ECE ,EEE & 28	64, 35 & 28
04.08.2016 to 06.08.2016	MECH & AERO	91,29
08.08.2019 to 10.08.16	CIVIL,MCO,CSE	35,29,29,45

This proposal is submitted herewith for your kind perusal and approval.

*J. Prasad*  
Yours Faithfully

*S. Ch*  
Approved By



*S. Ch*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



Koneripalli, Hosur - 635 117

Department of Science & Humanities

ART OF LIVING- 2016-2017

I - Year B. E.ECE - Attendance

S. NO	STUDENT NAME				
		1-08-16	2-08-16	3-08-16	
1	Abhinaya K	/	/	9	
2	Adarsh S	/	/	/	
3	Afshan Taj T	/	9	/	
4	Anandraj S	/	/	/	
5	Archanna N R S	/	/	/	
6	Arunkumar K	/	/	/	
7	Ashwini N	/	/	/	
8	Aswini B	9	/	/	
9	Aswini S	/	/	/	
10	Bhavya S	/	/	9	
11	Deepika P	/	/	/	
12	Dheepa M	/	/	/	
13	Dinesh D	/	/	/	
14	Dinesh Kumar P	/	/	/	
15	Elakkiya T	/	/	/	
16	Hari Krishnan M	/	/	/	
17	Hari Prasath C	/	/	/	
18	Harish S	9	/	/	
19	Hemashree K B	/	/	/	
20	Kanaga M	/	/	/	
21	Lavanya A	/	/	/	
22	Magesh M	/	/	/	
23	Mohan Ram R	/	/	9	
24	Mounika Y	/	/	/	
25	Mowlika K R	/	9	/	
26	Muniraju C	/	/	/	
27	Murali Y	/	/	/	
28	Nagadhanusha N	9	/	/	
29	Nivethaa T	/	/	9	
30	Perumal J	/	/	/	
31	Poornima K	/	/	/	
32	Prakash V	/	/	/	
33	Prapulla P	/	9	/	
34	Prasilla M	/	/	/	
35	Preetha N	/	/	/	
36	Priya G	/	/	/	
37	Priya M	/	/	/	
38	Ramya S	/	/	/	
39	Ranjith S	/	/	9	
40	Reema Sulthana M	/	/	/	
41	Roopa N	/	9	/	



S. S. Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.



I - Year B. E.ECE - Attendance

S. NO	STUDENT NAME	1/8/16	2/8/16	3/8/16
42	Sakshayini V	/	a	/
43	Sanjay C	/	/	/
44	Sankari M	/	/	/
45	Santhosh D	a	/	/
46	Saranya R	/	/	/
47	Sathish S	/	/	/
48	Sathya R	/	/	a
49	Selvam P	/	/	/
50	Shalini M	/	a	/
51	Sheikzaidh A	/	/	/
52	Shruthi R	/	/	/
53	Sowmiya B	/	/	/
54	Sreedhar C	/	/	/
55	Srinivasan C	/	/	/
56	Subash M	a	/	/
57	Suhail A	/	/	/
58	Thejesh G	/	a	/
59	Thimmaraju V	/	/	a
60	Usha Nandhini C	/	/	/
61	Vanitha N	/	/	/
62	Vasudevan K	/	/	/
63	Vinitha V	/	/	/
64	Vivek N S	/	a	a

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*S. Pillai*



**Principal**  
 Perumal Manickal College of Engineering  
 Kottampalli, HOOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.





PMC TECH

Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



Koneripalli, Hosur - 635 117

Department of Science &amp; Humanities

ART OF LIVING- 2016-2017

I - Year B. E.MECH - Attendance

S. NO	STUDENT NAME	4/8/16	5/8/16	6/8/16	
1	Abdul I	/	/	/	
2	Abilash Y	/	/	/	
3	Adesh Y	/	/	/	
4	Allwin Raj T	/	/	/	
5	Arafath S I	/	/	a	
6	Arun P	a	/	/	
7	Arunkumar M	/	/	/	
8	Arvindkumar S	/	a	/	
9	Balaji R	/	/	/	
10	Balamurugan M	/	/	/	
11	Barathiraja N	/	/	/	
12	Dhanasekar M	/	/	/	
13	Dharmaseelan M	/	/	a	
14	Dhina V	/	/	/	
15	Gokul V	a	/	/	
16	Govinda Raj M	/	a	/	
17	Gunasekar G	/	/	/	
18	Hari M	/	/	/	
19	Harichandran S	/	/	/	
20	Haridass S	/	/	/	
21	Hariharan M G	/	/	/	
22	Hariharan R M	/	/	a	
23	Hariharan Y	/	/	/	
24	Jagadesh Babu V	/	/	/	
25	Jayaseelan U	a	/	/	
26	Johnwesley A	/	a	/	
27	Jothi Sankar G	/	/	/	
28	Karthick K	/	/	/	
29	Karthik S	/	a	/	
30	Karthikeyan G	/	/	/	
31	Keerthi Rajan T	/	/	/	



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Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

I - Year B. E.MECH - Attendance

S. NO	STUDENT NAME	4/8/16	5/8/16	6/8/16	
32	Kulala Sunil C Ramakrishnappa	/	/	9	
33	Kumaravel M	/	/	/	
34	Lokesh A	/	/	/	
35	Manikandan G	/	/	/	
36	Manjunath V	/	/	/	
37	Manoj Kumar K	/	/	/	
38	Manoj Kumar M	/	/	/	
39	Mohammed Fazil J	/	9	9	
40	Mohan K	/	/	/	
41	Mohan N	/	/	/	
42	Mohan Sundaram P	/	/	/	
43	Moorthy V	/	/	9	
44	Munikrishnan C	/	/	/	
45	Muniraj M	/	/	/	
46	Murali K	/	/	/	
47	Murugesan N	9	/	/	
48	Muthu B	/	/	/	
49	Nagaraj A	/	9	/	
50	Nithish Kumar G	/	/	/	
51	Pradeep K	/	/	9	
52	Prakash N	/	/	/	
53	Prithiviraj S	/	/	/	
54	Pugalendhi S	9	/	/	
55	Pugalenthi G	/	/	/	
56	Purusothaman E	/	9	/	
57	Rajesh G	/	/	9	
58	Raji T	/	/	/	
59	Raju S	/	/	/	
60	Rakesh S	/	/	/	
61	Raveendran A	/	9	/	
62	Saifullah R	9	/	/	
63	Sakthivel R	/	9	/	/
64	Sameer Ahmed B	/	/	/	/
65	Santhosh J	/	/	9	/
66	Santhosh S	/	/	/	/



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*S. Chinn*  
**Principal**  
 Er. Perumal Manikolai College of Engineering  
 Koneripalli, HOSUR - 635.112, Krishnagiri Dist.  
 Tamil Nadu, India.

I - Year B. E.MECH - Attendance

S. NO	STUDENT NAME	4/8/16	5/8/16	6/8/16
67	Sarathkumar S	/	a	/
68	Saravanan G	/	/	/
69	Satheskumar R	/	/	a
70	Sathish R	/	/	/
71	Sathish S	a	/	/
72	Sathisha M	/	/	/
73	Sathish Kumar R	/	/	/
74	Sathiyavanan G	/	/	/
75	Sendhil Kumaran A	/	/	/
76	Silambarasan R	/	/	/
77	Sivakumar M	a	/	/
78	Siva Kumar R	/	/	/
79	Sivasakthi N	/	a	/
80	Srinivasan M	/	/	a
81	Sunil Kumar P	/	/	/
82	Suresh G	/	/	/
83	Surya M	/	/	/
84	Tamilmani C	a	/	/
85	Tamilselvan S	/	/	0
86	Uthra Kumar R	/	/	/
87	Venkatesan S	/	a	/
88	Vignesh C	/	/	/
89	Vignesh S	/	/	/
90	Vijay C	/	/	/
91	Vijaykumar M	a	/	/

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S. [Signature]  
Principal

Er. Perumal Manimekal College of Engineering  
Koneripalli, HO SUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



Koneripalli, Hosur - 635 117

Department of Science & Humanities

ART OF LIVING- 2016-2017

I - Year B. E.AERO - Attendance

S. NO	STUDENT NAME	4/8/16	5/8/16	6/8/16	
1	Akash B	/	/	/	
2	Alex K	/	/	/	
3	Anbazhagan A	/	9	/	
4	Dinesh N	/	/	9	
5	Hariharan M	/	/	/	
6	Indhumathi S	9	/	/	
7	Jayalakshmi G	/	/	/	
8	Karthik V	/	/	/	
9	Kishore Kumar U	/	9	/	
10	Logesh T	/	/	/	
11	Munazatasneem H	9	/	/	
12	Munichandran M	/	/	/	
13	Nandeesh Kumar D	/	/	9	
14	Naveen Kumar R	/	/	/	
15	Pavan Kumar Dega	/	/	/	
16	Pavithra B	/	/	/	
17	Praveen Kumar C	/	9	/	
18	Raja Patel D	9	/	/	
19	Rajasekar N	/	/	/	
20	Raj Kumar S	/	/	/	
21	Ravikumar V	/	/	/	
22	Sathish A	/	/	9	
23	Sathish M	/	9	/	
24	Sathiyavanan C	/	/	/	
25	Shoba S	/	/	/	
26	Vasanthamalar K	9	/	/	
27	Venkatraman R	/	/	/	
28	Vishnupriya K	/	/	/	
29	Yogeshkumar K	/	9	/	



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by

Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

S. NO	STUDENT NAME	11/8/16	21/8/16	31/8/16	
1	Abdul Kareem Sharief	/	a	/	
2	Anushiya P	/	/	/	
3	Aravind N	/	/	/	
4	Ashok Kumar R	a	/	/	
5	Asif A	/	/	/	
6	Bharathi N	/	a	/	
7	Bhavani Y	/	/	/	
8	Chandrakala T	/	/	a	
9	Chinnagurappa M	/	/	/	
10	Hariharan S	a	/	/	
11	Hemanth Kumar U	/	/	/	
12	Jansirani S	/	/	/	
13	Karthika N	/	a	/	
14	Keerthana S	/	/	/	
15	Lavanya M	/	/	a	
16	Madhu Kumar K	/	/	/	
17	Mahesh J	a	/	/	
18	Manikumar S	/	/	/	
19	Murali M	/	/	/	
20	Naveenkumar R	/	/	/	
21	Nivedha S	/	/	/	
22	Nivetha N	a	/	/	
23	Pavithra R	/	/	a	
24	Poovarasu M	/	/	/	
25	Rajamanickam P	/	a	/	
26	Rajeshkumar S	/	/	/	
27	Ranjithkumar K	/	/	/	
28	Shanmugapriya V	/	/	a	
29	Shyam Aravind S	/	a	/	



*S. S. S.*  
Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagali Dist.,  
Tamil Nadu, India.

I - Year B. E.EEE - Attendance

S. NO	STUDENT NAME	1/8/16	2/8/16	3/8/16	
32	Vijay S	1	1	1	1
33	Vijaykumar M	1	a	1	1
34	Vinitha K	1	1	1	9
35	Vinutha K	a	1	1	1

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Sign: *[Signature]*      *[Signature]*      *[Signature]*

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**Principal**  
 Er. Perumal Manimekalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



S. NO	STUDENT NAME	8/8/16	9/8/16	10/8/16	
1	Aakash M	/	A	/	
2	Alivabarik U	/	/	/	
3	Bharath N	a	/	A	
4	Eswaran G	/	/	/	
5	Fathima Bee S	/	/	/	
6	Gokulnath S	/	/	/	
7	Gokulram S	/	/	/	
8	Gowthami K	/	/	A	
9	Krishnamoorthy E	/	/	/	
10	Madhan M	/	/	/	
11	Mohammed Mousim R	/	/	/	
12	Moorthy R	/	/	/	
13	Muniyappan M	A	/	/	
14	Murugan D	/	/	A	
15	Nandeesh C	/	/	/	
16	Naveen A	/	/	/	
17	Prabakar M	/	/	/	
18	Prabhakar Bharathi K S	/	/	/	
19	Prasanth D	/	A	/	
20	Rajendra Y	/	/	/	
21	Santhosh Kumar A K	/	/	/	
22	Sathyamoorthy S	/	/	/	
23	Shalini D	/	/	/	
24	Sheikeleyas K	/	/	A	
25	Sridhar R	/	/	/	
26	Subashree G	A	/	/	
27	Suresh R	/	A	/	
28	Tamilselvan B	/	/	/	
29	Vignesh S	/	/	/	


  
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 3      4      **Principal**





PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



Koneripalli, Hosur - 635 117

Department of Science & Humanities

ART OF LIVING- 2016-2017

I - Year B. E.MCO - Attendance

S. NO	STUDENT NAME	8/8/16	9/8/16	10/8/16	
1	Anil Y	/	/	/	
2	Arun Kumar M	/	9	/	
3	Baburaj A	/	/	/	
4	Gokulnath R	/	/	/	
5	Hemanthkumar G	/	/	/	
6	Jayprakash R	/	/	/	
7	Kiran Kumar Y	/	/	/	
8	Lakshmikanth S	/	/	9	
9	Lenin G	9	/	/	
10	Manickam V	/	/	/	
11	Mohan R	/	9	/	
12	Munikrishna K	/	/	/	
13	Murugesan M	/	/	/	
14	Nandha Kumar P	/	/	/	
15	Naveen Kumar S	9	/	/	
16	Naveen Kumar V	/	/	/	
17	Pradeep L	/	/	9	
18	Prakash V	/	/	/	
19	Praveen Kumar K	/	9	/	
20	Rajendran M	9	/	/	
21	Ramesh A	/	/	/	
22	Sam Wesley R	/	/	/	
23	Sheik Riyaz B	/	/	/	
24	Sreenivasan T	/	/	/	
25	Suryaprakash R	/	/	/	
26	Syed Ibrahim B	/	/	/	
27	Veerabhadran N	/	9	/	
28	Vijay R	/	/	/	
29	Yalansri T	/	/	9	



25

26

*S. S. S.*  
Principal

Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH

Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



Koneripalli, Hosur - 635 117

Department of Science & Humanities

ART OF LIVING- 2016-2017

I - Year B. E.CSE- Attendance

S. NO	STUDENT NAME	8/8/16	9/8/16	10/8/16
1	Aarthi S	/	/	/
2	Adithya Kumar V	/	/	A
3	Aiswarya R	/	/	/
4	Ajith B	A	/	/
5	Ann Benny Croft Shiny R	/	/	/
6	Aravind R T	/	/	A
7	Aswini M	/	/	/
8	Aswini V	/	/	/
9	Bavani N	/	/	/
10	Bhavani A	/	/	/
11	Dinesh S	A	/	/
12	Dinesh Kumar R	/	A	/
13	Farika R	/	/	/
14	Gokul M	/	/	A
15	Hareeshraj B	/	/	/
16	Hemanth S	/	/	/
17	Iswariya K	/	/	/
18	Lavanya C	/	/	/
19	Madhavan G	/	/	/
20	Mahalakshmi A	/	/	A
21	Manimaran G	A	/	/
22	Meena M	/	/	/
23	Murali M (24-09-1998)	/	A	/
24	Murali M (23-01-1999)	/	/	/
25	Naveen C	A	/	/
26	Paramesh D	/	/	/
27	Pavan K B	/	/	A
28	Pavithra R	/	/	/
29	Prasantha R	/	/	/
30	Priya K	/	/	/
31	Ravi C	/	/	/
32	Silambarasu D	/	/	/
33	Sunil Kumar R	/	/	/
34	Susmitha S	/	/	/
35	Swathi N	/	/	A
36	Swathy N	A	/	/
37	Syed Azham S	/	/	/
38	Thajunisha T	/	/	/
39	Thenmozhi K	/	/	/
40	Thriveni A	/	/	/
41	Vanitha M	/	/	/
42	Venkatesan S	/	A	/
43	Venkateshwaran G	/	/	A
44	Vijaykanth R	/	/	/
45	Vishal Sharma	/	/	/



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3 S. [Signature]

Principal

Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

S. NO	STUDENT NAME	11/8/16	21/8/16	31/8/16	
1	Ananthi R	/	/	/	
2	Anil Kumar R	/	/	9	
3	Anjali R	/	/	/	
4	Arun Kumar R	/	/	/	
5	Bharathi V	9	/	/	
6	Harish Babu S	/	/	/	
7	Harivaishnavi V	/	/	/	
8	Hemanthkumar N	/	/	/	
9	Jackraj K C	/	/	/	
10	Karthick A	/	9	/	
11	Madhu Mitha K	/	/	/	
12	Madhusudhan P	4	/	/	
13	Mercy S	/	/	9	
14	Naveenkumar S	/	/	/	
15	Pavan M	/	/	/	
16	Pavan Kumar B	/	/	/	
17	Prakash A	/	/	/	
18	Prakash M	/	/	/	
19	Prathap S	/	/	/	
20	Raghu M	/	/	/	
21	Rajesh N	4	/	9	
22	Sakthi Ganesh Y	/	/	/	
23	Sridhar R	/	9	/	
24	Srinivas N	/	/	/	
25	Suryaprakash A	/	/	/	
26	Thaibaanjum A	/	/	9	
27	Varsha M	/	/	/	
28	Venisha R	/	/	/	



26  
2  
S. 26

**Principal**

Er. Perumal Manimekhalai College of Engineering  
 Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
 Tamil Nadu, India.



PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING  
DEPARTMENT OF SCIENCE END HUMANITIES



Report on YES + Course 01.08.16 to 10.08.16

10.08.2016  
HOSUR

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2016-2017) from 01.08.16 to 10.08.16. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration.

In the asana session the students were then divided into groups and given games on Faith and Clarity to play. Students were totally involved and participated with full zest and vigor. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana.

Students reported positive results such as feeling active and fresh after doing all the Kriyas in sequence.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.



*S. C.*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

*Inatril*  
*Faculty Incharge*



PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



DEPARTMENT OF SCIENCE END HUMANITIES

Report on YES + Course 01.08.16 to 10.08.16

10.08.2016  
HOSUR



Students performing asanas



Students in relaxing posture



*S. C. I.*

**Principal**

Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

Dept - 23.09.15 F1D0

**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'B++' Grade)

Koneripalli, Hosur - 635 117.

Office of IQAC

**Organization of event - Extracurricular activities**

1. Name of the organizing Dept. : Department of Science and Humanities
2. Name of the event : YES + COURSE for I year B.E/B.Tech
3. Date & Time : 07.09.2015 - 23.09.2015 & 9.00 A.M - 4.30 P.M
4. Purpose / Theme of organization: To make the students Concentrate on studies
5. Any sponsorship received : NA
6. If Yes, Name of the agency : NA  
If No, Amount sponsored : Management
7. Registration Fee per Participant (if any) : NA
8. No of Students Participated Total : 395  
Internal : 395  
External : -
- Enclosed Proof : Yes
9. Name & Address of the Chief Guest : Thiru. Dhamodharan  
Yoga Master- Art of Living ,  
Bangalore.
10. Event outcome : Enhance memory and concentration  
Eliminate doubt and worry
- iv. No of prizes awarded : NA
- v. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed



*S-cu*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

vi. Any other information to be reported : -

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2015-2016) from 07.09.15 to 23.09.15. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

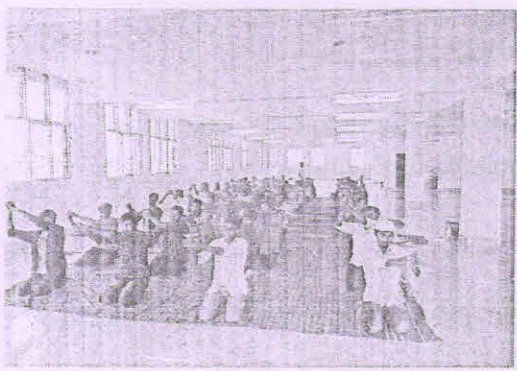
The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration.

The students were taught various Asanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana. After Asanas session students were also taught the Pranayama - For Longevity.

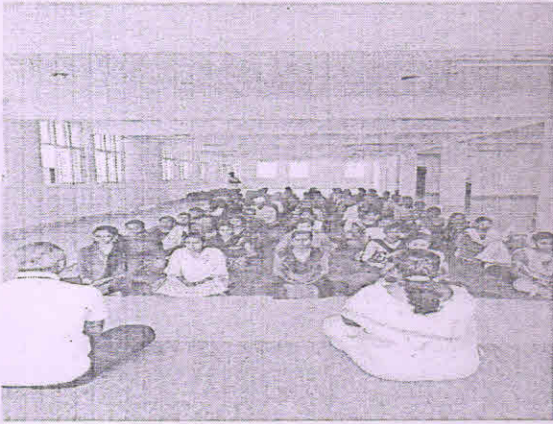
Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

*S. Ch*

11. Photographs : Enclosed



Students performing asanas



Students observing the demonstration of asanas



Performing breathing exercises

  
Event Coordinator

  
HoD/Dept.

  
Principal

**IQAC Office**

  
Verified IQAC Coordinator  
The Co-ordinator  
Internal Quality Assurance Cell  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, Hosur - 635117





**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.





PMC TECH



Er.Perumal Manimekalai College of Engineering

Department of Science & Humanities

Art of Living Training Proposal

Submitted To : The Principal

**Sub: Art of Living Training Program for the I yr Engineering Students – odd Semester – 2015-2016 – reg.**

We humbly submitted the Proposal of Art of Living Training Program for the I year Engineering Students – odd semester for your kind perusal and approval . We request your good self to direct us to follow the further proceedings.

Date	Department	No. of Students
07.09.15 , 08.09.15 & 09.09.15	Mech – A & Mech -B	102
10.09.15, 11.09.15 & 12.09.15	Aero , MCO & Civil	105
14.09.15, 15.09.15 & 16.09.15	CSE & B.Tech IT	76
21.09.15, 22.09.15 & 23.09.15	ECE, EEE & ECE	112

This proposal is submitted herewith for your kind perusal and approval.

Yours Faithfully

Approved By

**Principal**

Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
Tamil Nadu, India.



ART OF LIVING ATTENDANCE

S. No	Student Name	10/9/15	11/9/15	12/9/15	
1	Arun Kumar.T	/	A	/	
2	ArunKumar.V	/	/	/	
3	Harikaran.M	A	/	/	
4	Janani.K	/	/	/	
5	Karthick.E	/	/	/	
6	Keerthi.N	/	/	/	
7	Mahesh Babu.M	/	A	/	
8	Mahesh.K	/	/	/	
9	Muralimohan.D	/	/	/	
10	Naveen raj	/	/	A	
11	Pallavi vaid	A	/	/	
12	Perumal.V	/	/	/	
13	Prakash.R	/	A	/	
14	Rajesh.R	/	/	/	
15	Raviraj.K	/	/	/	
16	Roja.N	/	/	/	
17	Sakthivel.Y	A	/	A	
18	Saranya.P	/	/	/	
19	Shiva shankari.A	/	/	/	
20	Tamilazhagan.R	/	/	/	
21	Vijay Kumar.S.N	A	/	/	

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Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



ART OF LIVING ATTENDANCE

S. No	Student Name	10/9/15	11/9/15	12/9/15	
1	Devaprasad.R	/	/	/	
2	Dhanush.R	/	/	/	
3	Dinesh .S.T	/	A	/	
4	Gokulnath.J	A	/	/	
5	Govindaraj.S	/	/	/	
6	Hari Shankar.T	/	/	/	
7	Harichandran.M	/	/	/	
8	Kalyan Chakravarthi	/	/	/	
9	Karthick.B	/	A	/	
10	Karthick.G	/	/	/	
11	Karthikeyan.R	A	/	/	
12	Kavin.S.A	/	/	/	
13	Kiran kumar.S	/	/	/	
14	Madesh.L	/	/	/	
15	Manigandan.M	/	/	/	
16	Manimaran.R	/	A	/	
17	Mohan Kumar.V	/	/	/	
18	Muthu Kumar.T.K	A	/	/	
19	Nandesh.T	/	/	A	
20	Navin Kumar.N	/	/	/	
21	Praveen Kumar.P	/	/	/	
22	Prem Kumar.V	/	/	/	
23	Ram Prasath.G	/	/	/	
24	Ramganes.S	/	A	/	
25	Santhosh kumar.C	/	/	/	
26	Santhosh.A	/	/	/	
27	Santhosh.R	A	/	/	
28	Sathick Basha.G	/	/	/	
29	Shamir Khan.S	/	/	/	
30	Shyam Sundar	/	/	/	
31	Sridhar.S	/	/	/	
32	Surendher.A	/	/	/	
33	Suresh Kumar.P	A	/	/	
34	Tamilarasan.C	/	/	/	
35	Vizhi vendan.P	/	/	/	



Principal  
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Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

10/8/15

11/8/15

12/9/15

29	Priyanka.R	/	/	/	
30	Ramkumar.S	/	/	/	
31	Sabarinathan	/	/	/	
32	Sanjay kumar.S	/	A	/	
33	Santhosh Kumar.S	/	/	/	
34	Santhosh.R	/	/	/	
35	Sarath.H	A	/	A	
36	Sathish Kumar.C	/	/	/	
37	Shermilakumari.M	/	/	/	
38	Shilpa.B	/	/	/	
39	Singaravelan.P	/	/	/	
40	Sowbakiya.s	/	/	/	
41	Sudhakar.S	/	A	/	
42	Tejas.R	A	/	/	
43	Thamizh.S	/	/	/	
44	Uma Maheshwari.C	/	/	A	
45	Venkatachalam.N	/	/	/	
46	Vijayasurya.S	/	/	/	
47	Vijayragavan.K	/	A	/	
48	Vinodhini.V	/	/	/	
49	Vinoth kumar.V	/	/	/	
50	Vinutha.N	/	/	/	
51	Wasim Sherif	/	/	A	
52	Divyadharshini	A	/	/	

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Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

ART OF LIVING ATTENDANCE

S. No	Student Name	21/9/15	22/9/15	23/9/15	
1	Adarsh.M	/	/	A	
2	Akila.S	/	/	/	
3	Alivelu.R	/	/	/	
4	Amritha Babu.S.B	/	/	/	
5	Archana.K	/	A	/	
6	Archana.S	/	/	A	
7	Aswini.K	/	/	/	
8	Avinash.S.K	/	/	/	
9	Ayisha.M	/	/	/	
10	Dhanushree.R	/	/	/	
11	Dinakaran.S	/	/	/	
12	Gayathri.M	/	A	/	
13	Gayathri.S	/	/	/	
14	Geetha.T	A	/	A	
15	Gokulan.C	/	/	/	
16	Haritha.D	/	/	/	
17	Haritha.V	/	/	/	
18	Ishrath.M.A	/	/	/	
19	Jamuna.S	/	/	/	
20	Kalpana.B	A	/	/	
21	Karthik.L	/	/	/	
22	Kavya Shree.M	/	/	/	
23	Kiruthiga K	/	/	A	
24	Kishore.J	/	/	/	
25	Kowsalya.M	A	/	/	
26	Lakshmi Devi.L	/	/	/	
27	Lavanya.S	/	/	/	
28	Louisraj.A	/	A	/	
29	Mala.V	/	/	/	
30	Mariyappa.D	/	/	A	
31	Mega.M	/	/	/	
32	Mohammed shafiq	A	/	/	
33	Naveen Kumar .K.S	/	/	/	
34	Naveen kumar.R	/	A	/	
35	Nikitha	/	/	/	
36	Nithyasri.G.V	/	/	A	
37	Niveditha Bhai	/	/	/	

S. il

Principal

Er. Perumal Manimekalai College of Engineering  
Kooripalli, HOSUR - 635 117, Krishnagiri  
Tamil Nadu, India.



21/9/15      22/9/15      23/9/15

38	Nivetha Shree.S	/	A	/	
39	Pavithra.P	/	/	/	
40	Pavithra.T.K	/	/	/	
41	Pavithra.V	/	/	/	
42	Pradeep .S	/	/	/	
43	Pradeep charles.p	A	/	A	
44	Pradeep.M	/	/	/	
45	Prathap.M	/	/	/	
46	Praveena.G	/	A	/	
47	Priyanka.L	/	/	/	
48	Raaghavi.T	/	/	/	
49	Ramyashree B Shekar	/	/	/	
50	Roopa.A	/	/	/	
51	Sageena .K	A	/	A	
52	Sahina. Y	/	/	/	
53	Sakthivel.V	/	/	/	
54	Sanakkiyan.K	/	/	/	
55	Santhosh kumar.M.S	/	/	/	
56	Sasikumar.M	/	/	A	
57	Sathish kumar.G	/	/	/	
58	Sathish.T	/	A	/	
59	Shantanu Chakravarthy	/	/	/	
60	Sonia.S.V	/	/	/	
61	Subashree.N	/	/	/	
62	Subashree.P	/	/	/	
63	Sujitha.S	/	/	/	
64	Suresh Kumar.S	/	/	A	
65	Sushmitha.R	/	A	/	
66	Swathi priya.M	/	/	/	
67	Swathi.R	A	/	/	
68	Swathi.S	/	/	/	
69	Swetha.S	/	/	/	
70	Thejesh.S	/	/	/	
71	Usha.A	/	/	/	
72	Usha.M	/	/	/	
73	Vennila.R	/	/	/	
74	Vidhya Shree.S	/	/	A	
75	Yashshvini.C	A	A	/	

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*S. C. S.*

**Principal**  
 E. Perumal Manimakkalai College of Engineering  
 Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
 Tamil Nadu, India.



ART OF LIVING ATTENDANCE

S. No	Student Name	14/9/15	15/9/15	16/9/15	
1	Arun Kumar.S	/	/	/	
2	Asha.R	/	/	/	
3	Ashwini.S	/	/	/	
4	Ganesan.K	A	/	/	
5	Govindaraj.V	/	A	/	
6	Hari.M(Voc)	/	/	A	
7	Karthik.S	/	/	/	
8	Kavya.C	/	/	/	
9	Kowsalya.G	/	/	/	
10	M.Shanmathi	A	/	/	
11	Mageshwaran.R	/	/	A	
12	Manikandan.R	/	A	/	
13	Munirathana R	/	/	/	
14	Nandhini.R	/	/	A	
15	Narthana.R	/	/	/	
16	Naveen Kumar.M	/	/	A	
17	Naveen Kumar.S	/	/	/	
18	Navya.H.M	/	/	/	
19	Neha Anjum	A	/	/	
20	Pushpa.R	/	/	/	
21	Rajesh Kumar.A	/	A	/	
22	Ranjith Kumar.C	/	/	/	
23	Runambiksa	/	/	/	
24	Sakthi.M	/	/	A	
25	Saravanan.G	/	/	/	
26	Sathyaraj M	/	/	/	
27	Shantha.L	/	A	/	
28	Sridhar.S	A	/	/	
29	Srihari.A	/	/	/	
30	Sundara Pandiyan.U	/	/	/	
31	Supritha.S	/	/	/	
32	Vignesh.v	/	/	A	
33	Vijay.S.V	/	/	/	
34	Vivekanandha.R	A	/	/	
35	Yogesh Babu K R	/	A	A	

S. M

Principal  
Er. Perumal Manimekalai College of Eng  
Koneripalli, HOSUR - 635 117, Krishna  
Tamil Nadu, India.

Pub: 30  
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98  
7



ART OF LIVING ATTENDANCE

S. No	Student Name	21/9/15	22/9/15	23/9/15	
1	Anandharaj.N	/	/	/	
2	Archana.A	/	/	/	
3	Arul kumar.m	/	A	/	
4	Ashwaq Basha.I	/	/	A	
5	Bhaggiyaraj.T	/	/	/	
6	Chitra.K	A	/	/	
7	Deivani.P	/	/	/	
8	Ganesh Kumar.R	/	/	/	
9	Gurumoorthi	/	/	/	
10	Hari.c	/	/	/	
11	Jishnu.R	/	/	/	
12	Mahimajith.R	/	/	A	
13	Mamtha.M	/	A	/	
14	Monish.s	/	/	/	
15	Murali.S	/	/	/	
16	Nandhakumar.s	A	/	/	
17	Naveen Kumar.N	/	/	/	
18	Prasanth.S	/	A	/	
19	Roche Antony Raj	/	/	/	
20	Sakthivel.P	/	/	/	
21	Sathishkumar.S	/	/	A	
22	Shalomi.K	/	A	/	
23	Sivaselvan.S	/	/	/	
24	Soundarya.K	/	/	/	
25	Sreenithi.A	/	/	/	
26	Suganthi.S	/	/	/	
27	Suryakrishnan.R	/	A	/	
28	Swetha.G	A	/	/	
29	Thanuja.N	/	/	/	
30	Velumani.A	/	/	/	
31	Vignesh.P	/	/	A	
32	Vinothkumar.D	/	/	/	

*Handwritten signature in green ink*

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripatti, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



Psw : 29  
Ab : 3  
... : 1  
27  
5  
28  
4  
21

ART OF LIVING ATTENDANCE

S. No	Student Name	14/9/15	15/9/15	16/9/15	
1	Anish Viswakarma	/	a	/	
2	Apoorva.S	/	/	/	
3	Aravindan.J	/	/	/	
4	Archana.P	a	/	/	
5	Archana.S	/	/	/	
6	Archana.S	/	/	a	
7	Arun.A	/	/	/	
8	Ashok.K	/	/	/	
9	Devaraj.S	/	/	/	
10	Govindaraj.S	a	/	/	
11	Harish.R	/	/	/	
12	Joel Cristopher.P	/	a	/	
13	Kanthachoudhary.M	/	/	/	
14	Keerthana.V	/	/	/	
15	Latha.C	/	/	/	
16	Lekha.V	a	/	/	
17	Madhusudhanan.K	/	/	/	
18	Meenakshi.S	/	/	/	
19	Mohankumar	/	/	/	
20	Moorthy.M	/	a	/	
21	Muniyappa.K	/	/	a	
22	Nageswari.M	/	/	/	
23	Nivetha.v	/	/	/	
24	Padma.S	/	/	/	
25	Prasanth.M	a	/	/	
26	Prasath.B	/	/	/	
27	Praveen Kumar.K	/	/	/	
28	Priyanka.P	/	/	/	
29	Pushparaj.K	a	/	/	
30	Ramya.R	/	a	/	
31	Ranjith Kumar.K	/	/	/	
32	Sameera Thabasum	/	/	/	
33	Sathish.S	/	/	/	
34	Sathya.M	/	/	a	
35	Sathya.P	a	/	/	
36	Selvi.J	/	/	/	
37	Shivakumar.N	/	/	/	
38	Shreesa.V	/	a	/	
39	Sunil Kumar Nagari	/	/	/	
40	Veerapandi.V	/	/	/	
41	VennalaSetty.M.N	/	/	/	
42	Yeswanth.R	a	/	/	

*S. S. S.*

**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117. Krishnagiri Dist.  
Tamil-Nadu, India.



PSB. 36 39  
ab 7 5 3

Branch : B. E MECH

Year & Sem: 2015- 16 & I Sem

ART OF LIVING ATTENDANCE

S. No	Student Name	7/9/15	8/9/15	9/9/15	
1	Ajith.M	/	/	/	
2	Anil Kumar.S	/	/	/	
3	Aravind.M	/	a	/	
4	Aravindan.B	/	/	/	
5	Aravindhan.V	/	/	/	
6	Arif Ali.B	/	/	/	
7	Arun Kumar.R	/	/	/	
8	Arun Kumar.V	/	a	a	
9	Ashok kumar.p	a	/	/	
10	Ashok Kumar.R	/	/	/	
11	Aspakan	/	/	/	
12	Baburangan.J	/	/	/	
13	Chandru.M	/	/	/	
14	Deepak rajesh	/	a	/	
15	Devendiran.R	/	/	/	
16	Devesh.V	/	/	/	
17	Gnana Chandran.V.S	/	/	/	
18	GokulaPriyan.G	a	/	/	
19	Gokulreddy.V	/	/	/	
20	Gopal.S	/	/	/	
21	Gopinathan.S	/	a	/	
22	Gowtham.T	/	/	/	
23	Gowtham.V	/	/	a	
24	Gunasekar.R	/	/	/	
25	Harikrishna.R	/	/	/	
26	Harish.V	/	/	/	
27	Hemanth.S.A	/	/	a	
28	Jagadeesh. N	/	a	/	
29	Jawahar Surya.R	/	/	/	
30	Jesendiran	/	/	/	
31	Joel Martin Neronha	a	/	/	
32	Kaliyappan.R	/	/	/	
33	Kamesh.N	/	/	/	
34	Kannan.R	/	/	a	
35	Karthick.B.V	/	a	/	
36	Karthick.S	/	/	/	
37	Karthikeyan.J.M	/	/	/	
38	Karthikeyan.S	/	a	/	
39	Karunakaran	/	/	/	
40	Kasthuri raja.A	/	/	a	
41	Koushik.S	/	/	/	
42	Krthick.G	a	/	/	
43	Loganathan.M	/	/	/	
44	Lokesh.B	/	/	/	
45	Madhu.M	/	/	a	
46	Madhu.V	/	/	/	
47	Madhusudhan.N	/	/	/	
48	Magesh.G	/	a	/	
49	Mahendran.P	/	/	a	

Principal

Er. Perumal Manimekhalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



7/9/15

8/9/15

9/9/15

50	Maheshbabu.M	/	0	/	
51	Mani.V	/	/	/	
52	Manimaran.P	/	/	9	
53	Manimaran.S	/	/	/	
54	Mohammed Suhaib Khan.U	/	/	/	
55	Monish kumar.V	/	/	/	
56	Navaneethan.K	9	/	/	
57	Naveen kumar.c	/	/	/	
58	Naveen.R	/	/	/	
59	Parthiban.N	/	9	/	
60	Pradeep.P	/	/	/	
61	Praveen.G	/	9	9	
62	Praveen.K	/	/	/	
63	Rajasekar.N	/	/	/	
64	Rajendra prasath.K	/	/	/	
65	Ranjith kumar.K	/	/	/	
66	Ravichandran.B	/	/	9	
67	Ravichandran.S	/	/	/	
68	Robin Son.P	/	/	/	
69	Ruthramoorthy.P	9	/	/	
70	Sabrish.S	/	/	/	
71	Sakthi.V	/	/	/	
72	Santhamoorthy.B	/	/	/	
73	Saravanan.V	/	9	/	
74	Sathish .T	/	/	/	
75	Sathish Kumar.M	/	/	/	
76	Sathish.R	9	/	/	
77	Senthilnathan.m	/	/	/	
78	Sharath.K.M	/	/	9	
79	Siva.B	/	/	/	
80	Siva.J	/	/	/	
81	Sohail.H	/	/	/	
82	Sridhar.V	/	9	/	
83	Srikanth.S	/	/	/	
84	Sudhesan	/	/	/	
85	Suhas	/	/	/	
86	Suresh.M	/	/	/	
87	Suriya.R	/	/	/	
88	Syed Yarab Basha.A	/	9	/	
89	Tamilzaran B	/	/	/	
90	Tamizharasan.S	/	/	/	
91	Thabrez.C	/	/	/	
92	Thirumurugan.C	9	/	/	
93	Uttambarik.U	/	/	9	
94	Vallinayagam	/	/	/	
95	Vedamurthy.Y	/	9	/	
96	Vediyappan.S	/	/	/	
97	Venugopal.S	/	/	9	
98	Vignesh Kumar	/	/	/	
99	Vignesh.R	/	9	/	
100	Vijay Aditiya.D.A	/	/	/	
101	Vijayakumar.K	9	/	/	
102	Vimalleshwaran.G	/	/	/	
103	Vishnu	/	/	/	

S. Srinivasan  
Principal

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Konaripalli, HOSUR - 635 117, Krishnagiri Dist  
Tamil Nadu, India.



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PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



DEPARTMENT OF SCIENCE AND HUMANITIES

Report on Yoga 07.09.15 -23.09.15

23.09.2015  
HOSUR

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2015-2016) from 07.09.15 to 23.09.15. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration.

The students were taught various Asanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana, Dhanurasana, Chakrasana, Sarvangasana, Halasana, Bhujangasana, and ending with Shavasana. After Asanas session students were also taught the Pranayama – For Longevity.

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

*S. cil*

Principal

Er. Perumal Manimekalai College of Engineering  
Kodamballi, HOSUR - 635 117, Krishnagiri Dist  
Tamil Nadu, India.



*J. naffil*

Faculty Incharge



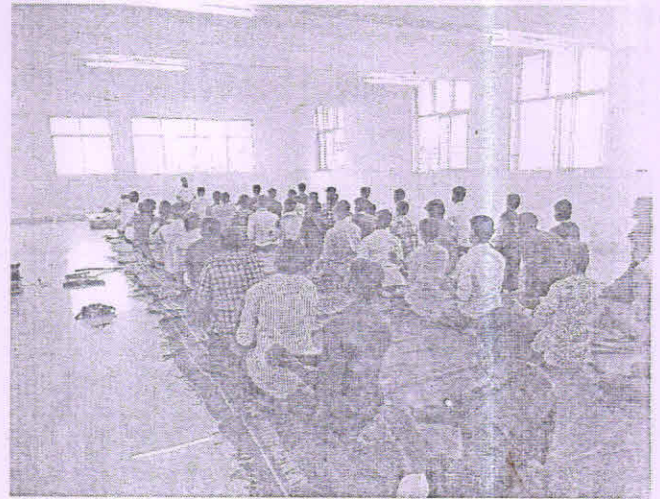
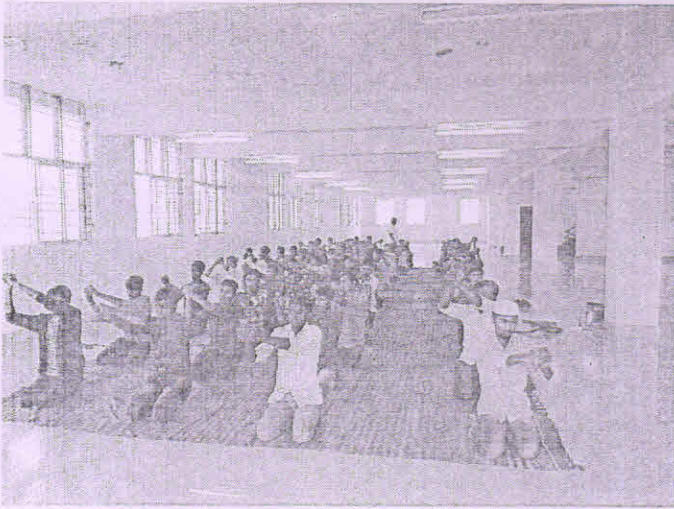
PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING



DEPARTMENT OF SCIENCE END HUMANITIES

Report on Yoga 07.09.15 -23.09.15

23.09.2015  
HOSUR



Students performing asanas



Students observing the demonstration of asanas

Performing breathing exercises

*S. cil*

**Principal**  
Er. Perumal Manimekhalai College of Engineering  
Konerpalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



Dept - 23.08.14 FID

**Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING**

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

(Accredited by NAAC with 'B++' Grade)

Koneripalli, Hosur - 635 117.

Office of IQAC

**Organization of event - Extracurricular activities**

1. Name of the organizing Dept. : Department of Science and Humanities
2. Name of the event : YES + COURSE for I year B.E/B.Tech
3. Date & Time : 07.08.2014 - 23.08.2014 & 9.00 A.M - 4.30 P.M
4. Purpose / Theme of organization: To make the students Concentrate on studies
5. Any sponsorship received : NA
6. If Yes, Name of the agency : NA  
If No, Amount sponsored : Management
7. Registration Fee per Participant (if any) : NA
8. No of Students Participated Total : 310  
Internal : 310  
External : -
- Enclosed Proof : Yes
9. Name & Address of the Chief Guest : Thiru. Dhamodharan  
Yoga Master- Art of Living ,  
Bangalore.
10. Event outcome : Enhance memory and concentration  
Eliminate doubt and worry
  - i. No of prizes awarded : NA
  - ii. (Please furnish details of student, name / Reg. No / Branch / Year / Section/ in a separate sheet) : Enclosed

*S. S. S.*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

iii. Any other information to be reported : -

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2014-2015) from 07.08.14 to 23.08.14. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration. Powerful breathing techniques, meditation and lots of asana were taught to the students in order to reduce their Useless doubts, failures, addictions and bad influences and so on..

This training also helped them to talk about problems and through meditation that they counselled . The stress elimination techniques with various active games was really effective to the students .It was an energetic booster to our students to excel in their professional career.

The techniques such as sudharshana kriya ,Pranayama , om chanting were taught to the students not only for concentration , challenging attitude ,restful sleep, but also made them to excel in all aspects of life .

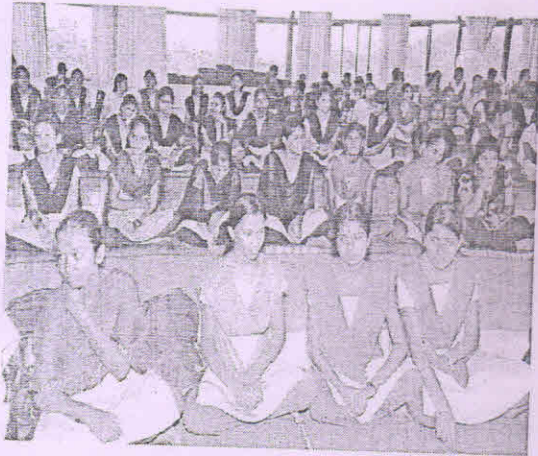
Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.

11. Photographs : Enclosed

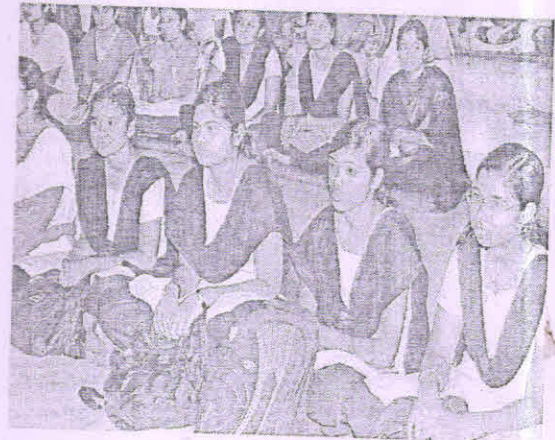


*S. S. S.*  
**Principal**  
Perumal Manimekal College of Engineering  
Kottipalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.





Students listening rules of meditation



Students observing the demonstration of asanas

*[Signature]*  
Event Coordinator

*[Signature]*  
HoD/Dept.

*[Signature]*  
Principal

IQAC Office

*[Signature]*  
Verified IQAC Coordinator  
The Co-ordinator

Internal Quality Assurance Cell  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, Hosur - 635117



*[Signature]*

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Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



PMC TECH



**Er. Perumal Manimekalai College of Engineering**

Department of Science & Humanities

Art of Living Training Proposal

Submitted To : The Principal

**Sub: Art of Living Training Program for the I yr Engineering Students – odd Semester – 2014-2015 – reg.**

We humbly submitted the Proposal of Art of Living Training Program for the I year Engineering Students – odd semester for your kind perusal and approval . We request your good self to direct us to follow the further proceedings.

Date	Department	No. of Students
07.08.2014 to 09.08.2014	Sec –A , Sec-B & Sec -C	102
18..08.2014 to 20.08.2014	Sec –D , Sec-E & Sec -F	101
21.08.2014 to 23.08.2014	Sec – G, Sec-H & Sec -I	98

This proposal is submitted herewith for your kind perusal and approval.

Yours Faithfully

*J. N. Nair*

*S. C. S.*  
Approved By

*S. C. S.*  
**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripalli, HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.





## Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - A

Department of Science &amp; Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	7/8/14	8/8/14	9/8/14
1	MECH	SATHISH.M	/	/	/
2	ECE	KALAIVANIR	/	/	/
3	MECH	M.PREMKUMAR	/	/	/
4	ECE	C.NIROSHA	/	/	/
5	CIVIL	BHIMKANT BHANDARIS	/	/	/
6	MECH	G.VASIMAKRAM	/	/	/
7	MECH	SAMUVEL.J	/	/	/
8	MECH	SADDAM HUSSAIN.M	/	/	/
9	MECH	R.PRABHAKARAN	/	A	/
10	MECH	K.NANDHAKUMAR	/	/	/
11	MECH	GOWTHAM.P (VOC)	/	/	/
12	MECH	MURALI MOHAN.R	/	/	/
13	MECH	SANTHOSHKUMAR S	/	/	/
14	CSE	V. YESWANTH	/	/	/
15	CSE	M.VIMALA	/	/	/
16	MECH	S.LOKESHWARAN	/	/	/
17	MECH	MANIGANDAN.R	/	/	/
18	MECH	NAVEEN KUMAR.C	/	/	/
19	MCO	SATHEESAN.K (VOC)	A	A	A
20	MECH	PARTHA SARATHY.S	/	/	/
21	MCO	ANDREW JERIN HARLON.C	/	/	/
22	MECH	ARUN KUMAR.R	/	/	/
23	MECH	AKBAR SHERIF. U	A	A	A
24	MECH	ARUN.V	/	/	/
25	MECH	GANESH.M	/	/	/
26	MECH	SRI KANTH.A	/	/	/
27	E&I	PRINCY JOICE.I	A	A	/
28	MECH	MANI.K	/	/	/
29	CSE	MUTHUMARIYAPPA.M	/	/	/
30	CIVIL	BARATH KUMAR.M	/	/	/
31	CIVIL	P.VINOTHKUMAR	/	/	/
32	MECH	R.MOHANKUMAR	/	/	/
33	CIVIL	P.KRISHNAJYOTHI	/	/	/

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Principal  
Er. Perumal Manimekalai College of Engineering  
Konsripalli, MOGUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

S-Cell



Sl. No.	Dept	Name of the Student	21/8/14	22/8/14	23/8/14	
1	ECE	PAVITHRA.V	/	/	/	
2	ECE	KAVITHA.K.K	/	/	/	
3	EEE	ABUBAKKAR SIDDIQ.U	/	/	/	
4	EEE	HARSHINI.M	/	/	/	
5	MECH	PRABHAKARAN S.	/	/	/	
6	ECE	A.ELUMALAI	/	/	/	
7	CIVIL	K.GOWTHAM	/	/	/	
8	ECE	SUSHMITHAB.R	/	/	/	
9	CIVIL	CHOUKATHALI N.	/	/	A	
10	MECH	SABEGASAN P.	/	/	/	
11	EEE	SUCHITRA A	/	/	/	
12	CSE	SWATHI.S	/	/	/	
13	IT	SRINATH.M	/	A	/	
14	ECE	M.NANDHINI	A	/	/	
15	MCO	KARTHIKEYAN.S (VOC)	/	/	/	
16	MECH	KARTHIKEYAN.N	/	/	/	
17	CSE	ROHITHRAM V.	/	/	/	
18	MECH	VISHNU.V	/	/	/	
19	MECH	VIGNESH KUMAR R.	/	/	/	
20	CSE	PRAPUL.R	/	A	/	
21	CSE	M.LOKESHKUMAR	/	/	/	
22	MECH	KARTHIK.C (VOC)	A	/	/	
23	CIVIL	DIVYA.V	/	/	/	
24	MCO	K.VENKATESH	/	/	/	
25	CIVIL	DAMODARA.S	/	/	/	
26	MECH	SUDHAGAR.N	/	/	/	
27	ECE	GANESHMOORTHY.S	/	/	/	
28	IT	SUJITHRA.K.S	/	/	/	
29	MCO	SANTHOSH M	/	/	/	
30	IT	DINESH KUMAR.M	A	/	/	
31	CSE	LAVANYA.M.G	/	/	/	
32	CIVIL	VISHNUKUMAR.N	/	A	/	
33	MECH	SAKTHIVEL.M	/	/	/	
34	MECH	MOHANKUMAR.H.N	/	A	/	



Principal  
Er. Perumal Manimekalai College of Engineering  
Koneripatti, Hosur - 635 011, Krishnagiri Dist  
Tamil Nadu, India.

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Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - C

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	7/8/14	8/8/14	9/8/14
1	MECH	V.SANJAYKUMAR	/	/	/
2	CIVIL	G.MUNUSEKAR	/	/	/
3	MECH	ANZIO.P	/	/	A
4	MECH	A.ELAYARASAN	/	/	/
5	MECH	K.L.CHANDRASEKAR	/	/	/
6	MECH	S.MUNIRAJ	/	/	/
7	E&I	MALA.V	/	/	/
8	ECE	YASHASWINI	/	/	/
9	ECE	P.YOGARAJ	/	/	/
10	MECH	R.MANJUNATH	/	A	/
11	ECE	A.P.A. HARSITHA	/	/	/
12	EEE	K.PRAKASH	/	/	/
13	E&I	M.SILAMBARASAN	/	/	/
14	MCO	J.AJITH PANDY	/	/	/
15	MCO	MUNIRAJU.M	/	/	/
16	CSE	N.RAHUL	/	/	/
17	ECE	MUTHULAKSHMI P	/	/	/
18	IT	NIKILESH.V	A	/	/
19	MCO	N.GOWTHAM	/	/	/
20	IT	H.KRISHNA SINGH	/	/	/
21	MECH	P.PARAMESWARAN	/	/	/
22	CSE	P.MANJUNATH	/	/	/
23	CSE	M.THENDRAL GUNA	/	/	/
24	CIVIL	SANTHOSH.M	/	/	/
25	IT	K.DINESHKUMAR	/	/	/
26	CIVIL	S.VINOTH KUMAR	/	/	/
27	CSE	K.KARTHEKEYAN	A	/	/
28	CIVIL	NAVEEN KUMAR.P	/	A	/
29	CIVIL	PREETHI.K	/	/	/
30	MECH	MUBARAK.J	/	/	/
31	MECH	PAVITHRAN.A	/	/	/
32	IT	S	/	/	/
33		MAHESH.S	/	/	/

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Principal  
Er. Perumal Manimekalai College of Engineering  
Korampalli, Hosur - 632 117, Tamil Nadu, India.  
Date: 32  
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Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - B

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE

Sl. No.	Dept	Name of the Student	7/8/14	8/8/14	9/8/14
1	MECH	ARUL M.	/	/	/
2	MECH	PREMKUMAR M.	/	/	/
3	EEE	PRITHIYA.B	/	/	/
4	MECH	BALAMURALI.M	/	/	/
5	MECH	MUKUNDA G.	/	A	/
6	CIVIL	SRIHARI.S	/	/	/
7	EEE	LAVANYA.P	/	/	/
8	MECH	BALAJI.C	/	/	/
9	MECH	SABARINATHAN S.	/	/	/
10	CIVIL	SRINATH M.	/	/	/
11	MECH	MOHAMMED INNAMUAL HASSAN N.M	/	/	/
12	CSE	K.MANJUPRIYA	/	/	/
13	MECH	DEEPU SINGH.P	/	/	/
14	ECE	AYSHA SIDDIKA N	/	/	/
15	MECH	KULALA CHANDRA MOHAN D.A.MAKDISINADDA	/	/	/
16	MECH	SHABHARISHA.K	/	/	/
17	CSE	PAVITHRA.V	/	/	/
18	ECE	J.SUDHA	/	/	/
19	IT	KASTURI.M	A	/	/
20	Aero	UMMIDI SAI MANIKANDA	/	/	/
21	CIVIL	KUMARESHAN.G	/	/	/
22	CSE	SANTHAKUMAR M.	/	/	/
23	MCO	V.LINGAMURTHY	/	A	/
24	EEE	K.B.CHANDRASEKAR	/	/	/
25	MECH	VISHNU.G	/	/	/
26	IT	RADHA.M	/	/	/
27	MCO	NARENDRAN.N	/	/	/
28	ECE	HARSHITHA.N	/	/	/
29	MECH	SUMANTH.S.M	/	/	/
30	MECH	KONDRAIVENDHAN.A	/	/	/
31	ECE	NIRMALA.S	/	/	/
32	CIVIL	SATHISH.E	/	/	/
33	MECH	VINOD KUMAR.M	/	/	/

34. CSE T. Muthukodi

ab . 1 2  
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**Principal**  
Er. Perumal Manimekalai College of Engineering  
Koneripatti, HOSSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

S. cil



Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - D

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	18/8/14	19/8/14	20/8/14	
1	CIVIL	M.VIJAY	/	A	/	
2	ECE	R.NALINA	/	/	/	
3	AERO	T.KARTHIK RAJA	/	/	A	
4	CSE	S.BHUVANI	/	/	/	
5	MECH	V.RAVINDRAN	/	/	/	
6	MECH	SRI NATH.B	/	/	/	
7	ECE	KAVYA SREE.V.K	/	/	/	
8	ECE	RAVICHANDRAN.R (VOC)	/	/	/	
9	EEE	P.MAHALAKSHMI	/	/	/	
10	IT	M.SAIF ALI	/	/	/	
11	CIVIL	D.GEETHA	/	/	/	
12	EEE	MOKESH KUMAR.V	A	/	/	
13	CIVIL	NAVEEN KUMAR.G	/	/	/	
14	CSE	PRADEEP.M	/	/	/	
15	IT	SWATHI.H.P	A	/	/	
16	IT	KRISHNA SINGH.H (VOC)	/	/	/	
17	MECH	AJITH KUMAR. M	/	/	/	
18	MECH	THRIVENKUMAR.K	/	/	/	
19	CSE	SASIKALA.R	/	/	/	
20	MECH	PRADEEP.A	/	/	/	
21	CIVIL	SWATHI.R	/	/	/	
22	CSE	SANKAR RAO.A	/	/	/	
23	ECE	VARAPRIYA.R	/	/	/	
24	ECE	MEENA.L	/	/	/	
25	EEE	HEMANTH KUMAR.K	/	/	A	
26	ECE	VIGNESH.R	/	/	/	
27	MECH	VINOTH KUMAR.R	/	/	/	
28	MECH	SIVAKUMAR.R	/	/	/	
29	MCO	MURTHY.M	/	/	/	
30	ECE	MOHAMMED SUFIYAN N	/	/	/	
31	ECE	B.UMA MAHESHWARI	/	/	/	
32	EEE	S.VIGNESH	/	/	/	

33. mech R.s.komaghan / / A

34. ECE m. Sandhya / / /

ab: 2

Principal  
Er. Perumal Manimekalai College of Engineering  
Koherpalli, JOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.



Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - E

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	18/8/14	19/8/14	20/8/14
1	CIVIL	ANITHA.M	/	/	/
2	E&I	LAVANYA.M	/	/	/
3	ECE	PADMINI.S.A	/	/	/
4	ECE	S.SUJA	/	/	/
5	MECH	A.MATHIYARASU	/	/	/
6	CIVIL	SUSMITHA.D.R	/	/	/
7	MECH	KARTHICK.S	/	/	/
8	MECH	S.SYED FAIZAN	/	/	/
9	MECH	T.NITHYA PRATHAP	/	/	/
10	ECE	N.HEMALATHA	/	/	/
11	MECH	V.PRASANATH	/	/	/
12	MECH	A. VEERARAVINDRA SELVAM	/	/	/
13	MCO	ISMAIL.A	/	/	/
14	MECH	MANIKANDAN.M (V0C)	/	/	/
15	MECH	DEVARAJU.Y	/	A	/
16	E&I	SAMPATH KUMAR.S (VOC)	/	/	/
17	MECH	AKSHAY T.C	/	/	/
18	MECH	MURALI.M	/	/	/
19	CSE	MANJULA.N	/	/	/
20	CSE	SANMUGAPRIYA.S	/	/	/
21	IT	THEJA.N	A	/	/
22	MECH	ANBU.A	/	/	/
23	CIVIL	RAMKUMAR.K	/	/	/
24	CIVIL	JAYAKUMAR.M	/	/	/
25	ECE	ASHIKA.S	/	/	/
26	ECE	NETHRAVATHI.S	/	/	/
27	MECH	ASHOK KUMAR.R	/	/	/
28	MECH	SURESH.S	/	/	/
29	MECH	G.VASIMAKRAM	/	/	/
30	ECE	NANDHINI V	A	/	/
31	ECE	S.RAMESH	/	/	/
32	MECH	V.MANJUNATH	/	/	/
34	CIVIL	KR.MANJUYADHAV	/	/	/



*Principal*  
Er. Perumal Manimekalai College of Engineering  
K. HOSUR - 635 117, Hosur, Dist: ...  
Tamil Nadu, India.

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Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - F

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	18/8/14	19/8/14	20/8/14
1	CIVIL	N.BANU	/	/	/
2	MECH	S.NAGESH	/	/	/
3	MECH	VENKATESH.S	/	/	/
4	ECE	LAVANYA.S	/	/	/
5	ECE	PREETHI.B	/	A	/
6	AERO	SRINIVASAN.S	/	/	/
7	MECH	M.JAWAHAR	/	/	/
8	CIVIL	P.VASANTHAKUMAR	/	/	/
9	EEE	VIGNESH.R	/	/	/
10	IT	S.MANJESH	/	/	/
11	CIVIL	SIVA KUMAR.N	/	/	/
12	IT	SHANKAR.V	/	/	/
13	ECE	N.GOVINDARAJ	/	/	/
14	CSE	CHARLES ANAND.R	/	/	/
15	MECH	SARATH KUMAR.M	/	/	A
16	MCO	VIKRAM KUMAR.B	/	/	/
17	IT	K.R.RAJA SREE	/	/	/
18	MECH	SELVARAJ.P	/	/	/
19	CSE	ABISHEK.S	/	/	/
20	MECH	NARENDRA.N	/	/	/
21	CSE	MAMATHA.S	/	/	/
22	IT	P.DEEPA	/	A	/
23	MECH	MANJUNATH.G	/	/	/
24	MECH	KISHORE.M	A	/	/
25	CIVIL	HARISH KUMAR.K	/	/	/
26	CIVIL	MANSOOR AHAMED.B	/	/	/
27	MECH	MADESH.V	/	/	/
28	MECH	SAGAR.N	/	/	/
29	ECE	TAMIL SELVAN M	/	/	/
30	CSE	M.LOKESHWARAN	/	/	/
31	ECE	K.SURYAPRAKASH	/	/	/
32	MECH	A.POOVARASAN	A	/	/
33	MECH	B.NAVINKANTH	/	/	/

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Principal

Er. Perumal Manimekalai College of Engineering  
Koneripalli, PO: 605 007, Krishnagiri Dist.  
Tamil Nadu, India.



Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - G

Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	21/8/14	22/8/14	23/8/14	
1	MECH	M.LAKSHMIKANTH	/	/	/	
2	MECH	C.SAIKUMAR	/	/	/	
3	MECH	ARUNKUMAR.C	/	/	/	
4	AERO	J.P.SNATHI	/	/	/	
5	CIVIL	RAJESH.A	/	/	/	
6	ECE	V.MOHAN	/	A	/	
7	MECH	JEEVA BHARATHI	/	/	/	
8	IT	H.RIYAZI	/	/	/	
9	IT	SUCHITHRA.A	/	/	/	
10	ECE	M.VISHNUPRIYA	/	/	/	
11	MECH	T.KISHOREKUMAR	/	/	/	
12	CIVIL	M.SIVAKUMAR	/	/	/	
13	EEE	MUNIRAJ.M (VOC)	/	/	/	
14	CIVIL	RENUKA.P	/	/	/	
15	MECH	SRI RAM.S	/	/	/	
16	MECH	DHARANI.V	/	/	/	
17	MECH	GOPAL.N (VOC)	/	/	/	
18	CIVIL	ARUNA.M	/	/	/	
19	MECH	SANJAY.S	/	/	/	
20	CIVIL	VIGNESH .G	/	/	/	
21	Aero	MURALI.M	/	/	/	
22	ECE	SHALINI.S	/	/	/	
23	CSE	MEENA.R	/	/	/	
24	MECH	SHANKAR RAM.R	/	/	/	
25	MECH	ARULPRAKASH.P	/	/	/	
26	ECE	GOWRI.M	/	/	/	
27	EEE	CHINNAMURALI KRISHNA.N.G	/	/	/	
28	ECE	M.PRITHIBA	/	/	/	
29	CIVIL	RENUGOPAL B	/	/	A	
30	MECH	PONVELAN S	/	/	/	
31	ECE	B.VENUGOPAL	/	/	/	
32	ME	P.LOGADSEPAN	/	A	/	
33	MECH	S.KUMARAGURU	/	/	/	



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HOSUR - 635 117, Krishnagiri Dist.  
Tamil Nadu, India.

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Er. PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING

I Year Section - H

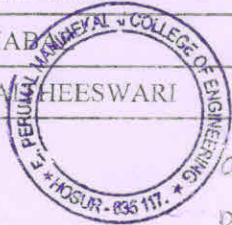
Department of Science & Humanities

ART OF LIVING - (2014-2015) ATTENDANCE



Sl. No.	Dept	Name of the Student	21/8/14	22/8/14	23/8/14
1	MECH	SAKTHIVEL.A	/	/	/
2	EEE	C.VIGNESH	/	/	/
3	MECH	S.POOVARASAN	/	/	/
4	MECH	A.C.ASHOKKUMAR	/	/	/
5	CIVIL	HARISH KUMAR.M	/	/	/
6	CSE	M.INDHUMATHI	/	/	/
7	CIVIL	T.NAVEENKUMAR	/	/	/
8	CIVIL	ARIVU.S	a	/	/
9	CIVIL	G.SRIDHAR	/	/	/
10	CIVIL	S.MANJUNATH	/	/	/
11	MECH	V.GOKUL	/	/	/
12	EEE	P.GIRISH	/	/	/
13	EEE	G.VINITHA	/	/	/
14	ECE	N.POORNIMA	/	/	/
15	Aero	ARUN.M	/	/	/
16	EEE	S.MANJUSREE	/	a	/
17	MECH	SRI RANGA RAMANUJA.V	/	/	/
18	MECH	RAJ KIRAN.R	/	/	/
19	MECH	LOKESHWARAN.P	/	/	/
20	ECE	RAMANUJAN.K	a	/	/
21	MECH	K.SAKTHIVEL	/	/	/
22	IT	MAHESH RAJ.S	/	/	/
23	MCO	SIVAKUMAR.C	/	/	/
24	MECH	VIJAYAKUMAR.P	/	/	/
25	EEE	SUDHA.S	/	/	/
26	ECE	PRADEEP.C	/	/	/
27	EEE	VIVITHA.D	/	/	/
28	ECE	CHANDRASEKAR.M	/	/	/
29	CIVIL	SATHISH K	/	/	/
30	MCO	JAFFAR SHARIF	a	/	/
31	CSE	A.SHAB	/	/	/
32	E&I	M.VAHEESWARI	/	/	/

*S. C. S.*



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Tamil Nadu, India.

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PMC TECH  
Er.PERUMAL MANIMEKALAI COLLEGE OF ENGINEERING  
DEPARTMENT OF SCIENCE END HUMANITIES



Report on Yoga 07.08.2014 – 23.08.2014

23.08.14  
HOSUR

Department of Science and Humanities organized Yoga class for the I year B.E / B.Tech (Batch 2014-2015) from 07.08.14 to 23.08.14. It was a powerful and dynamic program conceived by the AOL Foundation . And the Program was handled by Thiru Dhamodaran ji ,an experienced yoga Master .

The program broadened our student's vision of the world and provided practical knowledge and skills. They learnt how to reduce anger, violence and depression, as well as improved their focus, clarity of mind and concentration. Powerful breathing techniques, meditation and lots of asana were taught to the students in order to reduce their Useless doubts, failures, addictions and bad influences and so on..

This training also helped them to talk about problems and through meditation that they counselled . The stress elimination techniques with various active games was really effective to the students .It was an energetic booster to our students to excel in their professional career.

The techniques such as sudharshana kriya ,Pranayama , om chanting were taught to the students not only for concentration , challenging attitude ,restful sleep, but also made them to excel in all aspects of life .

Students were actively employed themselves in all the kriyas and asanas. Faculty from Science and Humanities cooperated well for the success of the program.



**Principal**  
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Tamil Nadu, India.

*Faculty Incharge*



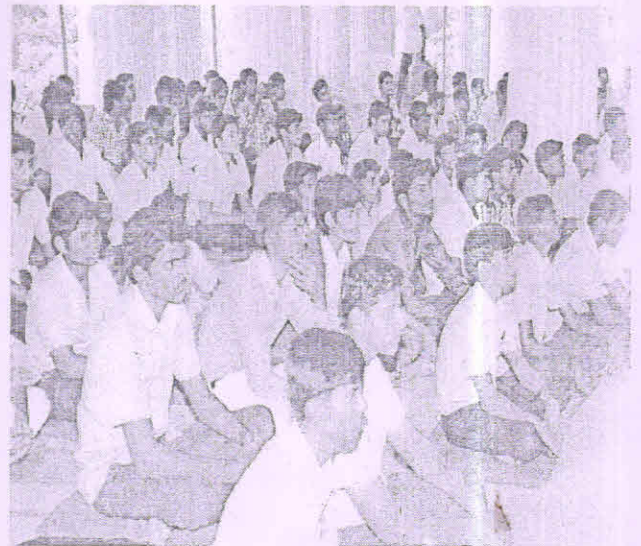
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DEPARTMENT OF SCIENCE END HUMANITIES

Report on Yoga 07.08.2014 – 23.08.2014

23.08.14  
HOSUR



Students listening rules of meditation



Students observing the demonstration of asanas



*S. S. S.*

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